

# **KIDS COUNT**

## **in New York State**

### **in 2008**



**Eliot Spitzer**  
*Governor*

New York State Touchstones/KIDS COUNT data products are produced by the  
**NYS Council on Children and Families**

52 Washington Street, West Building, Rensselaer, NY 12144

Telephone: 518-473-3652; e-mail: [KWIC@ccf.state.ny.us](mailto:KWIC@ccf.state.ny.us)

<http://www.ccf.state.ny.us>



**Deborah Benson**  
*Executive Director*

# Excelsior! Ever Upward.

**The New York State motto reflects the vision we hold for our children where all children, youth and families will be healthy and have the knowledge, skills and resources to succeed in a dynamic society.**

The calendar that follows includes statistics and “fun” facts about New York and its children. For further information about the well-being of New York’s children, we encourage you to visit the New York State Kids’ Well-being Indicators Clearinghouse (KWIC) website at [www.nyskwic.org](http://www.nyskwic.org) where you can get detailed county- and state-level data about children in six major areas—Economic Security; Physical and Emotional Health; Education; Family; Citizenship; and Community.

Have a great year!



# Visit the Kids' Well-being Indicators Clearinghouse (KWIC) for information about:

## **Economic Security**

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- ✓ Children & youth living below poverty
- ✓ Children and youth receiving food stamps
- ✓ Children and youth receiving public assistance
- ✓ Children & youth receiving Supplemental Security Income
- ✓ Children receiving free or reduced-price lunch

## **Physical and Emotional Health**

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- ✓ Adolescent births & pregnancies
- ✓ Asthma hospitalizations
- ✓ Infant, neonatal and post neonatal mortality
- ✓ Leading causes of death by region and by race/ethnicity
- ✓ Low birthweight births and premature births
- ✓ Mortality by age
- ✓ Motor vehicle crashes—hospitalizations & mortalities
- ✓ Births to women receiving early prenatal care
- ✓ Births to women receiving late or no prenatal care
- ✓ Self-inflicted injuries—hospitalizations & mortalities
- ✓ Sexually transmitted diseases
- ✓ Unintentional injuries—hospitalizations & mortalities

## **Education**

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- ✓ Annual public school dropouts
- ✓ Public high school graduates intending to enroll in college
- ✓ High school graduates receiving Regents Diplomas
- ✓ Public school student performance in English Language Arts—4th grade
- ✓ Public school student performance in English Language Arts—8th grade
- ✓ Public school student performance in mathematics—4th grade
- ✓ Public school student performance in mathematics—8th grade
- ✓ Students with limited English proficiency

## **Citizenship**

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- ✓ Adolescent arrests for driving while intoxicated
- ✓ Adolescent arrests for drug use, possession, sale, DUI
- ✓ Adolescent arrests for property crimes
- ✓ Adolescent arrests for violent crimes
- ✓ Adolescent arrests by top charge
- ✓ Adolescent arrests by race, ethnicity & gender
- ✓ Hospitalizations resulting from assault
- ✓ Intoxicated youth involved in auto accidents
- ✓ Persons in Need of Supervision (PINS) cases opened for services
- ✓ PINS & JD average adjournments
- ✓ PINS & JD average age at petition

## **Citizenship (Cont.)**

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- ✓ PINS median days from petition to disposition
- ✓ PINS non-secure detention admissions median length of stay
- ✓ PINS violation petitions
- ✓ PINS non-secure detention admissions by age, ethnicity, gender, race
- ✓ PINS non-secure detention admissions authority, truancy, & violation of probation
- ✓ PINS petitions by disposition
- ✓ PINS placements
- ✓ PINS & JD cases disposed; referred for court petition; involving detention
- ✓ JD intake by outcomes
- ✓ JD intake offenses
- ✓ JD median days from petition to disposition/factfinding
- ✓ JD original petitions—placements/ having felony findings
- ✓ JD original petitions by disposition
- ✓ JD outcomes—adjusted; referred for court/petition
- ✓ JD non-secure & secure detentions by admissions authority
- ✓ JD non-secure detentions by age, ethnicity, gender & race
- ✓ JD secure detentions by age, ethnicity, gender & race
- ✓ JD placements by age, ethnicity, gender, race, service
- ✓ JD placements by service needs & top adjudicated offense
- ✓ JD e-petitions

## **Family**

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- ✓ Indicated reports of child abuse and maltreatment
- ✓ Children in indicated reports of child abuse and maltreatment
- ✓ Children in indicated reports of child abuse and maltreatment while in foster care
- ✓ Child abuse/maltreatment resulting in removal of child
- ✓ Child abuse/maltreatment resulting in court cases
- ✓ Children and youth in foster care
- ✓ Children and youth admitted to foster care by age, race/ethnicity & placement type
- ✓ Children and youth discharged from foster care
- ✓ Foster care adoption milestones
- ✓ Foster care—terminated parental rights & surrendered judgments
- ✓ Foster care children in care by age & placement type
- ✓ Number of foster care placements while in care
- ✓ Foster care discharges by type

## **Community**

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- ✓ Births to women with primary financial coverage of Medicaid or self-pay
- ✓ Firearm related index crimes
- ✓ Property index crimes known to police
- ✓ Violent index crimes known to police
- ✓ Resident civilian unemployment rate

Visit KWIC at: <http://www.nyskwic.org>

# Observances to Celebrate by the...

	Day	Week	Month
<p><b>January</b></p> 	<ul style="list-style-type: none"> <li>• 1 New Year's Day</li> <li>• 6 Epiphany</li> <li>• 10 Muharram Begins</li> <li>• 11 Amelia Earhart Day</li> <li>• 17 Benjamin Franklin's Birthday</li> <li>• 18 Winnie the Pooh Day</li> <li>• 21 Martin Luther King Jr. Day</li> <li>• 24 Thank you! Mentor Day</li> <li>• 28 Christa McAuliffe Day</li> </ul>	<ul style="list-style-type: none"> <li>• 20-26 Healthy Weight Week</li> <li>• 21-25 No Name-Calling Week</li> </ul>	<ul style="list-style-type: none"> <li>• Family Fit Lifestyle Month</li> <li>• Financial Wellness Month</li> <li>• National Birth Defects Prevention Month</li> <li>• National Get Organized Month</li> <li>• National Hobby Month</li> <li>• National Mentoring Month</li> <li>• National Blood Donor Month</li> </ul>
<p><b>February</b></p> 	<ul style="list-style-type: none"> <li>• 1 Give Kids A Smile Day</li> <li>• 1 Job Shadow Day</li> <li>• 1 National Freedom Day</li> <li>• 2 Groundhog Day</li> <li>• 3 Super Bowl Sunday</li> <li>• 3 Elmo's Birthday</li> <li>• 5 Mardi Gras</li> <li>• 6 National Girls &amp; Women in Sports Day</li> <li>• 6 Ash Wednesday</li> <li>• 7 Chinese New Year</li> <li>• 12 Lincoln's Birthday</li> <li>• 14 Valentine's Day</li> <li>• 18 President's Day</li> <li>• 22 Washington's Birthday</li> <li>• 29 Leap Day</li> </ul>	<ul style="list-style-type: none"> <li>• 10-16 National Child Passenger Safety Week</li> <li>• 22-24 Empire State Winter Games</li> <li>• 2/24-3/1 National Eating Disorder Week</li> </ul>	<ul style="list-style-type: none"> <li>• American Heart Month</li> <li>• Kids' Ear, Nose and Throat (E.N.T.) Health Month</li> <li>• National Bird Feeding Month</li> <li>• National African American History Month</li> <li>• National Children's Dental Health Month</li> <li>• Wise Health Care Consumer Month</li> </ul>
<p><b>March</b></p> 	<ul style="list-style-type: none"> <li>• 2 Dr. Seuss's Birthday</li> <li>• 3 National Read Across America Day</li> <li>• 7 World Day of Prayer</li> <li>• 8 International Women's Day</li> <li>• 9 Daylight Savings Time Begins</li> <li>• 16 Palm Sunday</li> <li>• 17 St. Patrick's Day</li> <li>• 20 Mawlid al-Nabi</li> <li>• 20 Spring Equinox</li> <li>• 21 Purim Begins</li> <li>• 21 Good Friday</li> <li>• 23 Easter</li> <li>• 24 World TB Day</li> <li>• 25 American Diabetes Alert Day</li> <li>• 30 Doctor's Day</li> </ul>	<ul style="list-style-type: none"> <li>• 3-7 National School Breakfast Week</li> <li>• 16-22 National Poison Prevention Week</li> <li>• 3/31-4/4 National Youth Violence Prevention Week</li> </ul>	<ul style="list-style-type: none"> <li>• American Red Cross Month</li> <li>• Mental Retardation Awareness Month</li> <li>• National Nutrition Month</li> <li>• Save Your Vision Month</li> <li>• Women's History Month</li> </ul>

# Observances to Celebrate by the...

	Day	Week	Month
<p><b>April</b></p> 	<ul style="list-style-type: none"> <li>• 1 April Fool's Day</li> <li>• 2 Kick Butts Day</li> <li>• 7 World Health Day</li> <li>• 10 Encourage A Young Writer Day</li> <li>• 16 International Moment of Laughter</li> <li>• 20 Passover Begins</li> <li>• 22 Earth Day</li> <li>• 23 Administrative Professionals Day</li> <li>• 25 Arbor Day</li> <li>• 25 National Youth Service Day</li> <li>• 30 National Honesty Day</li> </ul>	<ul style="list-style-type: none"> <li>• 3/31-4/4 National Youth Violence Prevention Week</li> <li>• 1-7 Medication Safety Week</li> <li>• 6-12 National Public Health Week</li> <li>• 13-19 Week of the Young Child</li> <li>• 19-26 National Infant Immunization Week</li> <li>• 20-26 National Playground Safety Week</li> <li>• 21-27 Turn off TV Week</li> <li>• 4/27-5/3 National Volunteer Week</li> </ul>	<ul style="list-style-type: none"> <li>• Alcohol Awareness Month</li> <li>• Autism Awareness Month</li> <li>• Child Abuse Prevention Month</li> <li>• Mathematics Education Month</li> <li>• National Humor Month</li> <li>• National Minority Health &amp; Health Disparities Month</li> <li>• National Youth Sports Safety Month</li> <li>• Sexual Assault Awareness Month</li> </ul>
<p><b>May</b></p> 	<ul style="list-style-type: none"> <li>• 1 May Day</li> <li>• 1 Loyalty Day</li> <li>• 1 National Day of Prayer</li> <li>• 2 Yom Hashoah—Holocaust Remembrance Day</li> <li>• 2 Prevent Teen Pregnancy Day</li> <li>• 3 Join Hands Day</li> <li>• 5 Cinco de Mayo</li> <li>• 6 World Asthma Day</li> <li>• 6 National Teacher Day</li> <li>• 7 School Nurse Day</li> <li>• 9 Family Child Care Provider Appreciation Day</li> <li>• 11 Mother's Day</li> <li>• 17 Armed Forces Day</li> <li>• 20 Buddha Day</li> <li>• 22 National Maritime Day</li> <li>• 25 National Missing Children's Day</li> <li>• 26 Memorial Day</li> <li>• 31 World No Tobacco Day</li> </ul>	<ul style="list-style-type: none"> <li>• 3-9 Week of the Family Care Provider</li> <li>• 4-10 Hugs for Health Week</li> <li>• 5-9 Teacher Appreciation Week</li> <li>• 6-12 National Nurses Week</li> <li>• 17-23 National Safe Boating Week</li> <li>• 11-17 National Women's Health Week</li> <li>• 11-17 National Police Week</li> <li>• 19-31 Click-it or Ticket</li> </ul>	<ul style="list-style-type: none"> <li>• Allergy and Asthma Awareness Month</li> <li>• American Stroke Month</li> <li>• Asian Pacific American Heritage Month</li> <li>• Clean Air Month</li> <li>• Get Caught Reading Month</li> <li>• Mental Health Month</li> <li>• National Foster Care Month</li> <li>• National Physical Fitness &amp; Sports Month</li> <li>• National Teen Pregnancy Prevention Month</li> <li>• Older Americans Month</li> </ul>
<p><b>June</b></p> 	<ul style="list-style-type: none"> <li>• 1 National Cancer Survivors Day</li> <li>• 5 World Environment Day</li> <li>• 9 Shavot</li> <li>• 14 Flag Day</li> <li>• 15 Father's Day</li> <li>• 19 Juneteenth</li> <li>• 20 Summer Solstice</li> <li>• 20 World Refugee Day</li> <li>• 21 National ASK Day</li> <li>• 27 National HIV Testing Day</li> <li>• 27 Paul Bunyan Day</li> </ul>	<ul style="list-style-type: none"> <li>• 9-15 National Men's Health Week</li> <li>• 22-28 Helen Keller Deaf &amp; Blindness Awareness Week</li> </ul>	<ul style="list-style-type: none"> <li>• National Safety Month</li> <li>• Fireworks Safety Months</li> </ul>

# Observances to Celebrate by the...

	Day	Week	Month
<b>July</b> 	<ul style="list-style-type: none"> <li>• 4 Independence Day</li> <li>• 11 World Population Day</li> <li>• 18 Asala-Dharma Day</li> <li>• 27 Parent's Day</li> </ul>	<ul style="list-style-type: none"> <li>• 23-27 Empire State Summer Games</li> </ul>	<ul style="list-style-type: none"> <li>• National Picnic Month</li> <li>• Fireworks Safety Months</li> </ul>
<b>August</b> 	<ul style="list-style-type: none"> <li>• 2 Community Build Day</li> <li>• 3 International Friendship Day</li> <li>• 9 International Day of the World's Indigenous People</li> <li>• 19 National Aviation Day</li> <li>• 26 Women's Equality Day</li> </ul>	<ul style="list-style-type: none"> <li>• 1-7 World Breastfeeding Week</li> <li>• 8/21-9/1 New York State Fair</li> </ul>	<ul style="list-style-type: none"> <li>• Children's Eye Health and Safety Month</li> <li>• National Immunization Awareness Month</li> <li>• National Inventors' Month</li> </ul>
<b>September</b> 	<ul style="list-style-type: none"> <li>• 1 Labor Day</li> <li>• 1 Ramadan Begins</li> <li>• 7 Grandparent's Day</li> <li>• 8 International Literacy Day</li> <li>• 11 Patriot Day</li> <li>• 11 My Good Deed Day</li> <li>• 13 Positive Thinking Day</li> <li>• 16 National Stepfamily Day</li> <li>• 17 Citizenship Day</li> <li>• 17 Constitution Day</li> <li>• 19 Talk Like A Pirate Day</li> <li>• 21 International Day of Peace</li> <li>• 22 First Day of Autumn</li> <li>• 26 Native American Day</li> <li>• 28 Gold Star Mother's Day</li> <li>• 30 Rosh Hashanah</li> <li>• 30 Eid al-Fitr</li> </ul>	<ul style="list-style-type: none"> <li>• 1-7 National Childhood Injury Prevention Week</li> <li>• 7-13 National Suicide Prevention Week</li> <li>• 19-21 Clean Up the World Weekend</li> <li>• 20-24 National School Bus Safety Week</li> </ul>	<ul style="list-style-type: none"> <li>• Baby Safety Month</li> <li>• Better Breakfast Month</li> <li>• Healthy Aging Month</li> <li>• Hispanic Heritage Month 9/15-10/15</li> <li>• National Head Lice Prevention Month</li> <li>• National Preparedness Month</li> <li>• National Youth Court Month</li> <li>• Reye's Syndrome Awareness Month</li> <li>• Sports and Home Eye Safety Month</li> </ul>
<b>October</b> 	<ul style="list-style-type: none"> <li>• 6 Child Health Day</li> <li>• 9 Yom Kippur</li> <li>• 9 Leif Erikson Day</li> <li>• 10 World Mental Health Day</li> <li>• 12 National Children's Day</li> <li>• 13 Columbus Day</li> <li>• 14 Sukkot</li> <li>• 15 White Cane Safety Day</li> </ul>	<ul style="list-style-type: none"> <li>• 5-11 Drive Safely to Work Week</li> <li>• 5-11 National Fire Prevention Week</li> <li>• 20-24 National School Bus Safety Week</li> </ul>	<ul style="list-style-type: none"> <li>• Children's Health Month</li> <li>• Dental Hygiene Month</li> <li>• Domestic Violence Awareness Month</li> <li>• Family History Month</li> <li>• Healthy Lungs Month</li> <li>• Halloween Safety Month</li> <li>• Health Literacy Month</li> <li>• National Book Month</li> <li>• National Crime Prevention Month</li> </ul>

# Observances to Celebrate by the...

	Day	Week	Month
<b>October (Cont.)</b> 	<ul style="list-style-type: none"> <li>• 17 Day of Eradication of Poverty</li> <li>• 18 Sweetest Day</li> <li>• 24 United Nations Day</li> <li>• 25 Make a Difference Day</li> <li>• 26 Mother-in-Law Day</li> <li>• 28 Diwali</li> <li>• 31 Halloween</li> </ul>	<ul style="list-style-type: none"> <li>• 5-11 Drive Safely to Work Week</li> <li>• 5-11 National Fire Prevention Week</li> <li>• 20-24 National School Bus Safety Week</li> </ul>	<ul style="list-style-type: none"> <li>• National Dental Hygiene Month</li> <li>• National Down Syndrome Awareness Month</li> <li>• National Sudden Infant Death Syndrome Awareness Month</li> </ul>
<b>November</b> 	<ul style="list-style-type: none"> <li>• 1 All Saints Day</li> <li>• 2 All Souls Day</li> <li>• 2 Daylight Savings Time Ends</li> <li>• 4 Election Day</li> <li>• 11 Veteran's Day</li> <li>• 13 World Kindness Day</li> <li>• 14 World Diabetes Day</li> <li>• 15 America Recycles Day</li> <li>• 20 Great American Smokeout</li> <li>• 22 Family Volunteer Day</li> <li>• 27 Thanksgiving</li> <li>• 28 Black Friday</li> <li>• 30 Advent Begins</li> </ul>	<ul style="list-style-type: none"> <li>• 10-16 World Kindness Week</li> <li>• 23-29 National Family Week</li> </ul>	<ul style="list-style-type: none"> <li>• Alzheimer's Awareness Month</li> <li>• American Diabetes Month</li> <li>• American Indian and Alaskan Heritage Month</li> <li>• Epilepsy Awareness Month</li> <li>• National Adoption Month</li> </ul>
<b>December</b> 	<ul style="list-style-type: none"> <li>• 1 World AIDS Day</li> <li>• 3 International Day of Disabled Persons</li> <li>• 5 International Volunteer Day</li> <li>• 6 St. Nicholas Day</li> <li>• 7 Pearl Harbor Day</li> <li>• 8 Eid al-Adha</li> <li>• 10 Human Rights Day</li> <li>• 15 Bill of Rights Day</li> <li>• 17 Wright Brothers Day</li> <li>• 21 Winter Solstice</li> <li>• 22 Hanukkah Begins</li> <li>• 24 Christmas Eve</li> <li>• 25 Christmas</li> <li>• 26 Kwanzaa Begins</li> <li>• 31 New Year's Eve</li> </ul>	<ul style="list-style-type: none"> <li>• 7-13 National Handwashing Week</li> </ul>	<ul style="list-style-type: none"> <li>• National Drunk and Drugged Driving Prevention Month</li> <li>• Safe Toys &amp; Gifts Month</li> </ul>

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# January 2008



## National Birth Defect Prevention Month

In the USA about 120,000 babies (1 in 33) are born with birth defects each year. A birth defect is an abnormality of structure, function or metabolism present at birth. It may result in physical or mental disabilities or death of the infant. Birth defects are the leading cause of death in the first year of life. Birth defects can be caused by either genetic and environmental factors, or a combination of these factors. However, the causes of about 70 percent of birth defects are still unknown (1).

Birth defects happen during the first three months of pregnancy (1). Birth defects that may be increased when the mother smokes include: cleft lip, cleft palate, clubfoot, limb defects, some types of heart defects and gastroschisis (2).

One of the most severe effects of drinking during pregnancy is fetal alcohol syndrome (FAS). FAS is one of the leading known preventable causes of mental retardation and birth defects. If a woman drinks alcohol during her pregnancy, her baby can be born with FAS, a lifelong condition that causes physical and mental disabilities. People with FAS might have problems with learning, memory, attention span, communication, vision, hearing, or a combination of these. These problems often lead to difficulties in school and problems getting along with others. FAS is a permanent condition (3).

### Sources:

- (1) [http://search.marchofdimes.com/cgi-bin/MsmGo.exe?grab\\_id=0&page\\_id=255&query=birth%20defects&hiword=BIRTHAN%20BIRTHED%20BIRTHING%20BIRTHS%20DEFECT%20DEFECTIVE%20DEFECTOS%20birth%20defects%20](http://search.marchofdimes.com/cgi-bin/MsmGo.exe?grab_id=0&page_id=255&query=birth%20defects&hiword=BIRTHAN%20BIRTHED%20BIRTHING%20BIRTHS%20DEFECT%20DEFECTIVE%20DEFECTOS%20birth%20defects%20)
- (2) <http://www.cdc.gov/ncbddd/bd/faq2.htm#SmokingandBD>
- (3) <http://www.cdc.gov/ncbddd/fas/fasask.htm>

### FACTS:

According to the New York State Congenital Malformations Registry, one of the largest statewide, population-based birth defects registries in the nation, birth defects of babies born in New York between 2000 and 2004 included:

- ✓ 29.4% cardiovascular birth defects;
- ✓ 27.6% genitourinary birth defects;
- ✓ 19.5% musculoskeletal birth defects;
- ✓ 7.8% digestive birth defects; and
- ✓ 5% central nervous system birth defects (1).

About **two in three mothers** (66.5%) in New York State between ages 15 and 44 years **received adequate prenatal care** (2).

About **one in six mothers** (16%) reported **smoking** during the last three months of their pregnancy (3).

About **one in fourteen mothers** (7%) reported they **drank alcohol** during the last three months of their pregnancy; more than half (54%) drank alcohol within the three months prior to their pregnancy (3).

### Sources:

- (1) [http://www.health.state.ny.us/diseases/congenital\\_malformations/docs/98report.pdf](http://www.health.state.ny.us/diseases/congenital_malformations/docs/98report.pdf)
- (2) <http://www.marchofdimes.com/peristats/alldata.aspx?reg=36>
- (3) [http://www.ccf.state.ny.us.Early Childhood Comprehensive Systems: Early Childhood Data Report](http://www.ccf.state.ny.us.Early%20Childhood%20Comprehensive%20Systems%20Early%20Childhood%20Data%20Report)

# January 2008 in New York State

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																		
		1 NEW YEAR'S DAY	2	3	4	5																																																																																																		
6 12 DAYS OF CHRISTMAS EPHPHANY	7	8	9	10 MUHARRAM BEGINS	11 AMELIA EARHART DAY	12																																																																																																		
13	14	15	16	17 BEN FRANKLIN'S BIRTHDAY	18 WINNIE THE POOH DAY	19																																																																																																		
20 HEALTHY WEIGHT WEEK (1/20-1/26)	21 MARTIN LUTHER KING, JR. DAY NO NAME-CALLING WEEK (1/21-1/25)	22	23	24 THANK YOU! MENTOR DAY	25	26																																																																																																		
27	28 CHRISTA McAULIFFE DAY <i>(REMEMBER THE CHALLENGER)</i>	29	30	31	<table border="1"> <caption>December 2007</caption> <thead> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>TH</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	S	M	T	W	TH	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<table border="1"> <caption>February 2008</caption> <thead> <tr><th>S</th><th>M</th><th>T</th><th>W</th><th>TH</th><th>F</th><th>S</th></tr> </thead> <tbody> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td>2</td></tr> <tr><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td></tr> <tr><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td></tr> <tr><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td></tr> <tr><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td></td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </tbody> </table>	S	M	T	W	TH	F	S						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29								
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[www.nyskwic.org](http://www.nyskwic.org)



# February 2008



## National Children's Dental Health Month

**O**n February 8, 1949, the American Dental Association held the first national observance of Children's Dental Health Day. In 1955, this single day observance became a week-long event. The program was extended to a month-long celebration as the National Children's Dental Health Month in 1988 (1).

Fluoride is a proven way of strengthening and protecting children's teeth. Dental sealants are protective coatings applied on the chewing surfaces of teeth to prevent caries. The presence of sealants is an indicator of access to preventive services in children (2).

### Source:

- (1) [www.ada.org/prof/events/featured/ncdhm.asp](http://www.ada.org/prof/events/featured/ncdhm.asp)
- (2) [www.scaany.org/resources/documents/oral\\_health\\_1105\\_000.pdf](http://www.scaany.org/resources/documents/oral_health_1105_000.pdf)

### FACTS:

As of July 1, 2006 the New York State Education Department Office of the Professions had registered:

- ✓ 15,291 dentists,
- ✓ 8,390 dental hygienists, and
- ✓ 667 certified dental assistants (1).

New York State third-graders were similar to third-graders nationally with respect to the prevalence of dental sealants—27% and 26% respectively (1).

- ✓ 18% of children who reportedly participated in the free and reduced-school lunch program had a much lower prevalence of dental sealants compared to 41% of children from higher income families (1).

### Source:

- (1) [http://nyhealth.gov/prevention/dental/docs/impact\\_of\\_oral\\_disease.pdf](http://nyhealth.gov/prevention/dental/docs/impact_of_oral_disease.pdf)



## Super Bowl Sunday

New York teams have played in 7 of the 41 Super Bowl games (1).

- ✓ 1969 New York Jets
- ✓ 1987 New York Giants
- ✓ 1991 New York Buffalo Bills & New York Giants
- ✓ 1992 New York Buffalo Bills
- ✓ 1993 New York Buffalo Bills
- ✓ 1994 New York Buffalo Bills
- ✓ 2001 New York Giants

### Source:

- (1) [www.nfl.com/superbowl](http://www.nfl.com/superbowl)

During the Super Bowl, it is estimated that 30 million pounds of food, of which 4 million is fat, will be consumed across the country. This includes about 11.2 million pounds of potato chips; 8.2 million pounds of tortilla chips; 4.3 million pounds of pretzels, and 3.8 million pounds of popcorn (1).

**What was that New Year's resolution you made?!**

### Source:

- (1) [www.slashfood.com/2007/02/02/watch-those-game-day-calories/](http://www.slashfood.com/2007/02/02/watch-those-game-day-calories/)

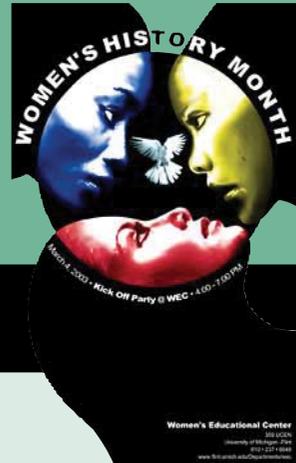
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<p><b>24</b></p> <p><b>NATIONAL EATING DISORDER WEEK (2/24-3/1)</b></p>	<p><b>25</b></p>	<p><b>26</b></p>	<p><b>27</b></p>	<p><b>28</b></p>	<p><b>29</b></p> <p><b>LEAP DAY</b></p>																																																																																																										



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# March 2008

## Women's History Month

The roots of observing Women's History Month can be traced back to New York when on March 8th in 1857 women from New York City factories staged a protest over working conditions. In 1981 Congress established National Women's History Week during the second week of March. It was in 1987 some 130 years after the first observance that Congress passed a resolution to observe the month of March as Women's History Month (1).

**Source:**

(1) <http://www.nps.gov/history/nr/feature/wom/>



## Irish-American Heritage Month

The *world's first St. Patrick's Day parade occurred in New York City* on March 17, 1762. Congress proclaimed March as Irish-American Heritage Month in 1995 (1).

**Source:**

(1) [http://www.census.gov/Press-Release/www/releases/archives/facts\\_for\\_features\\_special\\_editions/009465.html](http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/009465.html)

### FACTS:

**7.7 million females** 18 years and older live in **New York** (1).

- ✓ 10% percent are **18 to 24** years old;
- ✓ 32% percent are members of a **minority**;
- ✓ 15% percent are **Hispanic**;
- ✓ 29% percent hold a **Bachelor's Degree**;
- ✓ 43% percent live in households with their **children** and
- ✓ 58% percent are in the **workforce** (1).

**Source:**

(1) [www.ipums.org](http://www.ipums.org)

- ✓ **34.7 million** United States residents claim Irish ancestry—almost **9 times the population of Ireland**, which is 4.2 million (1).
- ✓ **2.5 million** New York residents claim Irish ancestry (2).

**Sources:**

- (1) [http://www.census.gov/Press-Release/www/releases/archives/facts\\_for\\_features\\_special\\_editions/009465.html](http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/009465.html)
- (2) [http://factfinder.census.gov/servlet/ADPTable?\\_bm=y&-geo\\_id=04000US36&-qr\\_name=ACS\\_2006\\_EST\\_G00\\_DP2&-ds\\_name=&-lang=en&-redoLog=false](http://factfinder.census.gov/servlet/ADPTable?_bm=y&-geo_id=04000US36&-qr_name=ACS_2006_EST_G00_DP2&-ds_name=&-lang=en&-redoLog=false)

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2 DR. SEUSS'S BIRTHDAY	3 NATIONAL SCHOOL BREAKFAST WEEK (3/3-3/7) NATIONAL READ ACROSS AMERICA DAY	4	5	6	7 WORLD DAY OF PRAYER	8 INTERNATIONAL WOMEN'S DAY																																																																																																		
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**A**pril 2008



## Kick Butts Day—April 2

**K**ick Butts Day is a national day of activism that empowers elementary, middle and high school students to speak up and take action against tobacco use and the tobacco industry (1).

It is estimated that 90 percent of adult smokers began at or before age 18 and about 70 percent of teen smokers wish they never started. Each day, 3,000 youth become regular smokers and it is expected that about one in three will die prematurely from lung cancer, emphysema, heart disease or other tobacco-related illnesses (2).

#### Sources:

- (1) <http://www.kickbuttsday.org/>
- (2) [http://www.nysdental.org/img/pdf\\_files/tobacfacts.pdf](http://www.nysdental.org/img/pdf_files/tobacfacts.pdf)

#### FACTS:

- ✓ 98% of New York's **middle/junior and senior high schools** had a policy **prohibiting tobacco** use, and **65%** of the schools **prohibited all tobacco advertising** on school property (1).
- ✓ 50% of New York's **middle/junior and senior high schools** provided referrals to **tobacco cessation programs** for students (1).
- ✓ 47% of New York's **high school students** reported ever having **tried cigarette smoking**—even one or two puffs (1).
- ✓ 6% of New York's **high school students** reported they **smoked** cigarettes during the **past month** (1).
- ✓ 54% of New York State **students** **tried to quit smoking** cigarettes (1).

#### Source:

- (1) <http://www.cdc.gov/healthyyouth/tobacco/pdf/state-facts/NewYork.pdf>

# April 2008 in New York State

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6 NATIONAL PUBLIC HEALTH WEEK (4/6-4/12)	7 WORLD HEALTH DAY	8	9	10 ENCOURAGE A YOUNG WRITER DAY	11	12																																																																																																																
13 WEEK OF THE YOUNG CHILD (4/13-4/19)	14	15	16 INTERNATIONAL MOMENT OF LAUGHTER DAY	17	18	19 NATIONAL INFANT IMMUNIZATION WEEK (4/19-4/26)																																																																																																																
20 NATIONAL PLAYGROUND SAFETY WEEK (4/20-4/26) PASSOVER BEGINS	21	22 EARTH DAY	23 ADMINISTRATIVE PROFESSIONALS DAY	24	25 ARBOR DAY NATIONAL YOUTH SERVICE DAY	26																																																																																																																
27 NATIONAL VOLUNTEER WEEK (4/27-5/3)	28	29	30 NATIONAL HONESTY DAY		<table border="1"> <thead> <tr> <th colspan="7">March 2008</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>TH</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> </tr> <tr> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> </tr> <tr> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> </tr> <tr> <td>30</td> <td>31</td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	March 2008							S	M	T	W	TH	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<table border="1"> <thead> <tr> <th colspan="7">May 2008</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>TH</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	May 2008							S	M	T	W	TH	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
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May 2008



## Asthma and Allergy Awareness Month

Asthma is a chronic disease of the lungs that takes its toll in many ways including lost nights of sleep and disruption of activities for children and their families. Children are absent from school and parents frequently miss days from work as a result of their child's asthma. Although there is no cure for asthma, asthma attacks can be prevented and controlled with proper care (1).

**Source:**

(1) <http://www.health.state.ny.us/diseases/asthma/>

### FACTS:

Asthma prevalence for New York's children was:

- ✓ 6.7% for 0–4 year olds;
- ✓ 9.4% for 5–9 year olds;
- ✓ 8.8% for 10–14 year olds; and
- ✓ 8.3% for 15–17 year olds.

**More boys than girls**—asthma was more prevalent in male children compared to female children (9.8% and 6.8% respectively).

Asthma prevalence varied by race, with **African American children** having the highest prevalence (10.0%) compared to White (7.2%) and Asian (4.3%) children.

**Hispanic children** had higher current asthma prevalence than non-Hispanic children (10.9% and 7.4% respectively).

**Children living below the poverty level** had higher asthma prevalence compared to children living above the federal poverty level (10.1% and 8.7% respectively).

**Source:**

(1) [http://www.health.state.ny.us/statistics/ny\\_asthma/pdf/national\\_asthma\\_survey\\_nys.pdf](http://www.health.state.ny.us/statistics/ny_asthma/pdf/national_asthma_survey_nys.pdf)

# May 2008 in New York State

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# June 2008



## National Fresh Fruits and Vegetables Month

**F**ruits and vegetable should be part of any meal as they contain many vitamins, minerals and other natural substances that may help protect us from chronic diseases. Children of different age groups have their own fruit and vegetable needs. The CDC recommendations for fruits and vegetables are now listed as cups since it is easier for people to relate to amounts in household measurements rather than as servings only (1). Examples of one cup of fruit/vegetable are: 1 large orange, 2 medium carrots, 1 small apple, 1 large banana, 8 large strawberries, 1 large bell pepper, 3 medium plums or 1 medium potato (2).

### Sources:

- (1) <http://www.fruitsandveggiesmatter.gov/benefits/index.html>
- (2) <http://www.fruitsandveggiesmatter.gov/what/index.html>

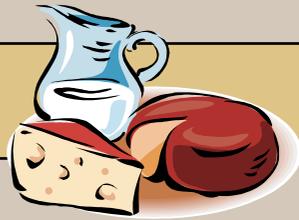
### FACTS:

About **one in five** of New York State's students reported they ate five or more servings of fruits and vegetables daily during a seven day period. Approximately

- ✓ **one in two** (48.8%) ate one or more servings of carrots;
- ✓ **two in three** (65.3%) ate one or more servings of potatoes; and
- ✓ **two in three** (67.3%) ate one or more servings of green salad (1).

### Source:

- (1) <http://apps.nccd.cdc.gov/yrbss/QuestYearTable.asp?path=byHT&ByVar=CI&cat=5&quest=508&year=Trend&loc=NY>



## National Dairy Month

Eating calcium-rich foods such as milk, cheese and yogurt during childhood and adolescence will help build strong bones, which may reduce the risk of fractures and osteoporosis later in life. Most Americans get only half the recommended three servings of milk and milk products each day. Roughly half of all adult women do not even drink one glass of milk a day. The USDA also says that the average teen drinks 868 cans of soft drinks per year (more than two cans a day) and is also not getting enough calcium daily (1).

### Source:

- (1) <http://www.stonyfield.com/weblogarchives/DailyScoop/000270.html>

- ✓ **14.7%** of New York's students in 2005 reported they drank three or more glasses per day of milk during a week's time. This reflects a decrease from 1999 when 21% reported they drank a similar amount (1).
- ✓ **Boys were twice as likely as girls** (19% and 10% respectively) to drink three or more glasses of milk per day (1).
- ✓ But during that same time period, New York State had 648,000 heads of milk cows that produced **12,078 million pounds of milk (2)!**

### Sources:

- (1) <http://apps.nccd.cdc.gov/yrbss/SelectLocyear.asp?cat=5&Quest=Q77>
- (2) <http://www.nass.usda.gov/#top>

# June 2008 in New York State

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# July 2008



## Firework Safety Month

About 60 percent of all fireworks-related injuries occur between June 18 and July 18—that period of time around July 4th celebrations. In 2005, 10,800 people nationwide were treated in emergency departments for fireworks-related injuries, with 5 percent of the people requiring hospitalization. Children ages 10 to 14 had the highest injury rate for fireworks-related injuries. They are particularly vulnerable to fireworks-related injuries due to their curiosity and lack of physical coordination necessary to handle fireworks safely. Clearly, the best way to avoid injuries related to fireworks is to leave the displays to professionals (1).

New York is one of only 5 states that ban all consumer fireworks (2).

**Source:**

(1) <http://www.cdc.gov/Features/Fireworks/> (2) <http://www.fireworksafety.com/home.htm>

### FACTS:

Across the nation,

✓ **45%** of persons injured from fireworks were youth age 14 or younger (1).

In New York State,

✓ **126 New Yorkers** sought emergency room care for fireworks-related injuries and 20 required hospitalization; and

✓ **30%** of all fireworks-related hospital visits involved **youth age 14 or younger** (2).

**Sources:**

(1) <http://www.cdc.gov/Features/Fireworks/>

(2) [http://www.health.state.ny.us/press/releases/2007/2007-07-03\\_fireworks\\_safety.htm](http://www.health.state.ny.us/press/releases/2007/2007-07-03_fireworks_safety.htm)

## Empire State Games (July 23-27)

The Empire State Games event is a multi-sport event for amateur athletes in New York State, patterned after the Olympics. It is the largest competition of its kind in the nation.

The games are intended to encourage wholesome athletic competition among the residents of New York State, particularly the youth and to foster incentive for the improvement of amateur athletics (1).

**Source:**

(1) <http://www.empirestategames.org/summer/>

In 2008, the games will be held in **Binghamton**. Winners of the Regional Trials, who number about 6,000 people, will participate in finals competition (1).

**Open Division** participants are generally those who are **high school seniors and older**. **Scholastic Division** participants are generally those who are in the **11th grade or lower** (2). The Open/Scholastic Division of the games involves about **30 different types of sports** (3).

**Sources:**

(1) <http://www.empirestategames.org/summer/>

(2) <http://www.empirestategames.org/summer/faq.asp#1>

(3) <http://www.empirestategames.org/summer/pregames/>

# July 2008 in New York State

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# August 2008



## Children's Eye Health and Safety Month

### Conditions that may jeopardize children's good vision include:

- ❖ Amblyopia (lazy eye);
- ❖ Strabismus (crossed eyes);
- ❖ Ptosis (drooping of eyelid); and
- ❖ Refractive errors (near- & far-sightedness, astigmatism) (1).

Infants should be screened as part of regular pediatric visits and all children should have regular eye exams beginning around age three, or sooner, if there is a family history of vision problems (2).

Approximately 40,000 sports-related eye injuries occur each year and the majority of those injuries involve children. Basketball and baseball cause the most injuries (3).

#### Sources:

- (1) [http://www.preventblindness.org/resources/factsheets/Childrens\\_eyeproblems\\_MK03.PDF](http://www.preventblindness.org/resources/factsheets/Childrens_eyeproblems_MK03.PDF)
- (2) [http://www.preventblindness.org/vlc/taking\\_care\\_child.htm](http://www.preventblindness.org/vlc/taking_care_child.htm)
- (3) <http://www.preventblindness.org/safety/sportspage1.html>

### FACTS:

#### Nationwide,

- ✓ about one in 20 preschool children has a vision problem;
- ✓ one in four school-age children has a vision impairment; and,
- ✓ an estimated 14% of children receive comprehensive vision examinations before entering school (1).

The most common causes of eye injuries to children age 14 and younger are:

- ✓ Broken toys;
- ✓ Toys not suitable for the age of the child;
- ✓ Pens and pencils; and
- ✓ Household cleaners (1).

The sports associated with the most injuries in children age 14 and younger are:

- ✓ Baseball/softball;
- ✓ Water and pool activities;
- ✓ Racquet sports; and
- ✓ Basketball (2).

#### Sources:

- (1) <http://www.preventblindness.org/safety/>
- (2) <http://familydoctor.org/online/famdocen/home/healthy/physical/injuries/794.printerview.html>

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# September 2008

## Back to School

The following health and safety suggestions are provided by the American Academy of Pediatrics (1).

### Backpack Safety:

- Choose a backpack with wide, padded shoulder straps and a padded back.
- Organize the backpack to use all of its compartments, packing heavier items closest to the center of the back. Backpacks should never weigh more than 10 to 12 percent of the child's bodyweight.

### Travel to School:

- Remind children to wait for the bus to stop before approaching it from the curb and to make sure they are always in clear view of the bus driver.
- Make sure your child's walk to school is a safe route with well-trained adult crossing guards at every intersection.

### Eating During the School Day:

- Try to get your child's school to stock healthy choices such as fresh fruits, low-fat dairy products, water and 100% fruit juices.

### If Your Child is Bullied:

- Help your child learn how to respond by teaching your child how to look the bully in the eye; stand tall and stay calm in difficult situations; and walk away.
- Teach your child when and how to ask an adult for help.
- Alert school officials to the problems and work with them on solutions.

### If Your Child Witnesses Bullying:

- Tell your child not to cheer or even quietly watch bullying.
- Encourage your child to tell a trusted adult about the bullying.
- Help your child support other children who may be bullied.

### Source:

(1) <http://www.aap.org/advocacy/releases/augschool.htm>

### FACTS:

696	number of public school districts in New York State (1).
220,000	number of elementary and high school classroom teachers (1).
3.2 million	number of children enrolled in public and nonpublic schools (1).
54	percent of children ages 3 and 4 enrolled in nursery school or kindergarten (2).
36	percent of 4th grade students who scored at or above the proficient level in reading, as measured and defined by the National Assessment of Educational Progress (NAEP) (2).
32	percent of 8th grade students who scored at or above the proficient level in reading, as measured and defined by the National Assessment of Educational Progress (NAEP) (2).

### Sources:

(1) <http://www.emsc.nysed.gov/irts/educationstats/edstats-07/toc.htm>

(2) <http://www.kidscount.org/sld/>

# September 2008 in New York State

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# October 2008

## Halloween

**T**he observance of Halloween dates back to Celtic rituals thousands of years ago. It is associated with images of witches, ghosts, devils and hobgoblins. It is estimated that Americans consumed 26 pounds of candy per person in 2006 and it is believed a large portion was consumed around Halloween (1).

The American Academy of Pediatrics makes the following suggestions to make Halloween safe:

- ❖ **Plan costumes that are bright and reflective;**
- ❖ **Consider non-toxic make-up and decorative hats as alternatives to masks;**
- ❖ **Keep homes safe for visiting trick-or-treaters by removing from the porch and front yard anything a child could trip over such as garden hoses, toys, bikes and lawn decorations; and**
- ❖ **A parent or responsible adult should always accompany young children on their neighborhood rounds (2).**

### Source:

- (1) <http://www.census.gov/Press-Release/www/2007/cb07ff-15.pdf>
- (2) <http://www.aap.org/advocacy/releases/octhalloween.htm>

### FACTS:

- ✓ The estimated number of **potential “trick-or-treaters”** aged 5 to 14 years in New York is 2.5 million (1).
- ✓ New York has approximately **7.9 million housing units** that trick-or-treaters can visit (2).
- ✓ Almost **8 in ten children live in safe neighborhoods or communities** — parents describe their neighborhoods as usually or always safe (3).
- ✓ New York was ranked **third among the largest pumpkin producers** in the United States (4).
- ✓ Out of \$265 million fruit production in New York in 2006, pumpkins accounted for **\$18.8 million** (4).

### Source:

- (1) [http://factfinder.census.gov/servlet/DTTable?\\_bm=y&-context=dt&-ds\\_name=ACS\\_2006\\_EST\\_G00\\_&-CONTEXT=dt&-mt\\_name=ACS\\_2006\\_EST\\_G2000\\_B01001&-tree\\_id=306&-geo\\_id=04000US36&-search\\_results=01000US&-format=&-lang=en](http://factfinder.census.gov/servlet/DTTable?_bm=y&-context=dt&-ds_name=ACS_2006_EST_G00_&-CONTEXT=dt&-mt_name=ACS_2006_EST_G2000_B01001&-tree_id=306&-geo_id=04000US36&-search_results=01000US&-format=&-lang=en)
- (2) [http://factfinder.census.gov/servlet/DTTable?\\_bm=y&-context=dt&-ds\\_name=ACS\\_2006\\_EST\\_G00\\_&-CONTEXT=dt&-mt\\_name=ACS\\_2006\\_EST\\_G2000\\_B25001&-tree\\_id=306&-redoLog=true&-geo\\_id=04000US36&-search\\_results=01000US&-format=&-lang=en](http://factfinder.census.gov/servlet/DTTable?_bm=y&-context=dt&-ds_name=ACS_2006_EST_G00_&-CONTEXT=dt&-mt_name=ACS_2006_EST_G2000_B25001&-tree_id=306&-redoLog=true&-geo_id=04000US36&-search_results=01000US&-format=&-lang=en)
- (3) <http://nschdata.org/StateProfiles/CustomProfile.aspx?geo=New%20York>
- (4) <http://www.timesunion.com/AspStories/story.asp?storyID=628234>

# October 2008 in New York State

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# November 2008



## National Family Week

Children live better lives when their families are strong, and families are strong when they live in communities that connect them to economic opportunities, social networks, and services. This is the premise of National Family Week. Community “connections” include: economic self-sufficiency, family sustaining jobs, dependable transportation, reliable child care, accessible health care, applicable education and training, and affordable housing (1).

**Source:**

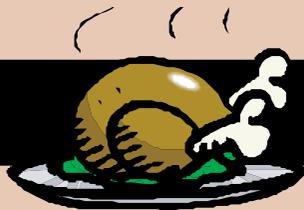
(1) <http://www.nationalfamilyweek.org/>

### FACTS:

- ✓ 66 percent of New York children live in households with both parents;
- ✓ 32 percent of New York children have one or both parents who are immigrants;
- ✓ 60 percent of New York elementary school children (ages 6-12) have parents in the workforce; and
- ✓ 4 percent of New York grandchildren live in the care of their grandparents (1).

**Source:**

(1) <http://www.kidscount.org/sld/>



## Thanksgiving Day

Thanksgiving is a traditional time we spend with families. Thanksgiving became a national holiday in 1863 when President Abraham Lincoln proclaimed the last Thursday of November as a national day of thanksgiving; President Franklin Roosevelt later clarified that Thanksgiving should always be celebrated on the fourth Thursday of the month.

**Source:**

(1) [http://www.census.gov/Press-Release/www/releases/archives/facts\\_for\\_features\\_special\\_editions/007643.html](http://www.census.gov/Press-Release/www/releases/archives/facts_for_features_special_editions/007643.html)

- ✓ 54,085 number of children in New York who are Native American (1).
- ✓ 2,362,278 number of New York households with children—all potential gathering places to celebrate Thanksgiving (2).
- ✓ 620,000 number of turkeys raised in New York (3).

**Source:**

(1) <http://www.ipums.org>

(2) <http://factfinder.census.gov/home/saff/main.html?lang=en>

(3) [http://www.nass.usda.gov/Statistics\\_by\\_State/New\\_York/#.html](http://www.nass.usda.gov/Statistics_by_State/New_York/#.html)

# November 2008 in New York State

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## New Year's Eve Traditions

**T**he kiss shared at the stroke of midnight in the United States is derived from masked balls that have been common throughout history. As tradition has it, the masks symbolize evil spirits from the old year and the kiss is the purification into the new year. In Spain and Portugal, people eat twelve grapes from a bunch as the clock strikes twelve on New Year's Eve. This is done to ensure twelve happy months in the coming year (1).

## New Year's Resolutions

The tradition of the New Year's Resolution dates back to 153 B.C. when a mythical king of Rome, Janus, was placed at the head of the calendar. Janus was depicted with two faces, one on the front and one on the back of his head. Since he had two faces, he could look back as well as look forward. Janus became the ancient symbol for resolutions. People looked for forgiveness from their enemies and exchanged gifts with friends at the beginning of the year (2). Two of the most frequent resolutions made are to lose weight and quit smoking (3).

### Sources:

- (1) [http://www.goalsguy.com/Events/n\\_good-luck-traditions.html](http://www.goalsguy.com/Events/n_good-luck-traditions.html)
- (2) [http://www.goalsguy.com/Events/n\\_facts.html](http://www.goalsguy.com/Events/n_facts.html)
- (3) [http://www.usa.gov/Citizen/Topics/New\\_Years\\_Resolutions.shtml](http://www.usa.gov/Citizen/Topics/New_Years_Resolutions.shtml)

## Recommendations for Healthy New Year's Resolutions for Children (1)

### For Pre-schoolers:

- I will brush my teeth twice a day.
- I will wash my hands after going to the bathroom and before eating.
- I won't tease dogs—even friendly ones. I will keep my fingers and face away from their mouths.

### For children 5 to 12 years:

- I will drink milk and water, and limit soda and fruit drinks.
- I will always wear a helmet when bicycling.
- I will be friendly to other children who need friends—like someone who is shy or new to my school.

### For children 13 years and older:

- I will eat at least one fruit and one vegetable every day, and I will limit the amount of soda I drink.
- I will choose non-violent television shows and video games, and I will spend only one to two hours each day—at the most—on these activities.
- I will wipe negative "self-talk" out of my vocabulary (e.g., I can't do that; I'm so dumb).

### Source:

- (1) <http://www.aap.org/advocacy/releases/jankidstips.htm>

# December 2008 in New York State

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																																																
	1 WORLD AIDS DAY	2	3 INTERNATIONAL DAY OF DISABLED PERSONS	4	5 INTERNATIONAL VOLUNTEER DAY	6 ST. NICHOLAS' DAY																																																																																																																
7 PEARL HARBOR DAY NATIONAL HAND WASHING WEEK (12/7-12/13)	8 EID AL-ADHA	9	10 HUMAN RIGHTS DAY	11	12	13																																																																																																																
14	15 BILL OF RIGHTS DAY	16	17 WRIGHT BROTHERS DAY	18	19	20																																																																																																																
21 WINTER SOLSTICE	22 HANUKKAH BEGINS	23	24 CHRISTMAS EVE	25 CHRISTMAS	26 KWANZAA BEGINS	27																																																																																																																
28	29	30	31 NEW YEAR'S EVE		<table border="1"> <thead> <tr> <th colspan="7">November 2008</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>TH</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td>1</td> </tr> <tr> <td>2</td> <td>3</td> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> </tr> <tr> <td>9</td> <td>10</td> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> </tr> <tr> <td>16</td> <td>17</td> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> </tr> <tr> <td>23</td> <td>24</td> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> </tr> <tr> <td>30</td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	November 2008							S	M	T	W	TH	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<table border="1"> <thead> <tr> <th colspan="7">January 2009</th> </tr> <tr> <th>S</th> <th>M</th> <th>T</th> <th>W</th> <th>TH</th> <th>F</th> <th>S</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td>1</td> <td>2</td> <td>3</td> </tr> <tr> <td>4</td> <td>5</td> <td>6</td> <td>7</td> <td>8</td> <td>9</td> <td>10</td> </tr> <tr> <td>11</td> <td>12</td> <td>13</td> <td>14</td> <td>15</td> <td>16</td> <td>17</td> </tr> <tr> <td>18</td> <td>19</td> <td>20</td> <td>21</td> <td>22</td> <td>23</td> <td>24</td> </tr> <tr> <td>25</td> <td>26</td> <td>27</td> <td>28</td> <td>29</td> <td>30</td> <td>31</td> </tr> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	January 2009							S	M	T	W	TH	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
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# January 2009 in New York State

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# Months at a Glance...

## 2007

July 2007						
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1	2	3	4	5	6	7
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August 2007						
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September 2007						
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October 2007						
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November 2007						
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## 2008

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May 2008						
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July 2008						
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## 2009

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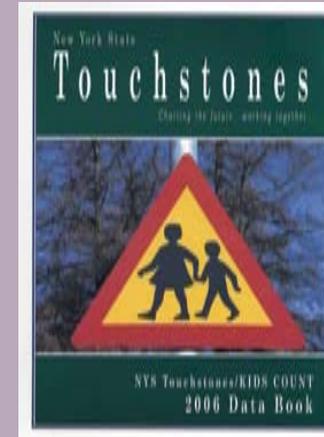
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to view NYS KIDS COUNT Special Reports and Data Books



Special thanks to Annie E. Casey KIDS COUNT for their support of the calendar. Also, special thanks to Ajita De, Duncan Boyd, and Mary DeMasi for their work in the research and development of the calendar and Robin Miller for her work in the design of the calendar.

The Council on Children and Families is fortunate to be part of the national KIDS COUNT network, funded by the Annie E. Casey Foundation. By providing policymakers and citizens with benchmarks of child well-being, KIDS COUNT seeks to enrich local, state and national discussions concerning ways to secure a better future for all children.

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52 Washington Street, West Building, Rensselaer, New York 12144  
Telephone: 518-473-3652; e-mail: [KWIC@ccf.state.ny.us](mailto:KWIC@ccf.state.ny.us)  
Website: <http://www.ccf.state.ny.us>