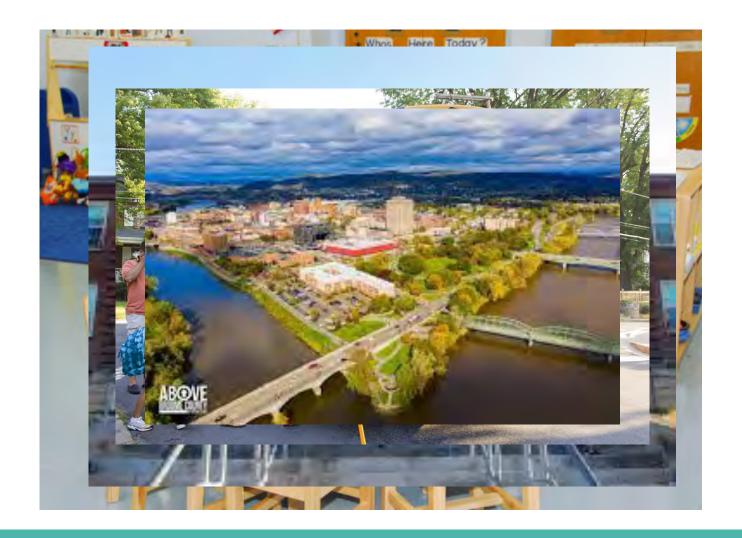
# Navigating Transitions: Supporting Social & Emotional Development for Kindergarten Success at Home, in Early Care and Learning Settings, and in Teacher Preparation

Tracy Lyman, MSEd. TLEL, Binghamton University







#### Why focus on social emotional development?

 Children with strong social-emotional skills have better academic outcomes (Durlak et al., 2011).





# What does social emotional development look like for young children?

Developing capacity of the child from birth through five years of age to

- form close and secure adult and peer relationships;
- experience, regulate, and express emotions in socially and culturally appropriate ways and
- explore the environment and learn

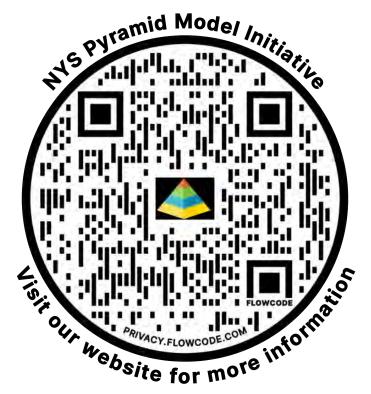
...all in the context of family, community and culture.

(Adapted with permission from ZERO to THREE's definition of infant mental health, 2019)

#### The Role of Early Care and Learning Settings

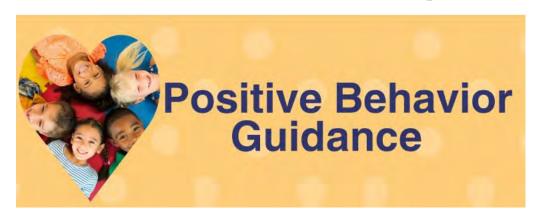
- **High-quality early care settings** contribute significantly to social-emotional growth (Peisner-Feinberg et al., 2001).
- Early care settings that integrate **play-based learning** with a focus on **emotional literacy** help children identify and express their emotions. This approach has been shown to improve self-regulation and social interactions, contributing to smoother kindergarten transitions (Denham et al., 2012).
- Early educators are considered important **socializers** of emotion, providing children experiences that **promote or deter** the development of emotional competence (Denham et al., 2012).
- Establishing **structured daily routines** in early care environments encourages the development of **executive function** skills such as impulse control, working memory, and flexibility (Bierman et al., 2008).
- Social-emotional frameworks, such as the **Pyramid Model**, improve children's emotional competence, relationships, and classroom engagement (Fox et al., 2003).

## **NYS Pyramid Model**





# Positive Behavior Guidance | New York State Education Department



- <u>Field Guidance for Promoting Positive Behavior and Addressing Exclusionary</u>
   <u>Discipline Practices in Prekindergarten Programs</u>
- Building Relationships and Environments to Foster Positive Behavior in Prekindergarten: A Resource and Reflection Tool
- Guidance for Supporting Positive Behaviors at Home
- <u>Tip Sheet for Creating a Cozy Area</u>

- Prekindergarten Teacher Guidance for Challenging Behaviors
- New York State Pyramid Model
- Getting Started: Six Tips for Supporting Positive Behaviors
- New York State Social Emotional Learning Benchmarks
- Social Emotional Learning: Essential for Learning, Essential for Life
- Social Emotional Learning: A Guide to Systemic Whole School Implementation

#### The Role of Families in Social-Emotional Development

- **Parents'** ability to **regulate their own emotions** has a significant impact on their children's emotional regulation and adjustment to school, demonstrating the importance of emotional modeling in the home environment (Crandall et al., 2015).
- **Engaging, predictable environments** and **ongoing positive adult-child interactions** are necessary for promoting children's social and emotional development and preventing challenging behaviors. (Hemmeter, Ostrosky, and Fox 2006).
- **Early, positive, and consistent interactions** between children and caregivers help build emotional **resilience** and a **strong foundation** for navigating transitions like starting school (National Scientific Council on the Developing Child, 2019).



## Pyramid Model Family Engagement Resources



Session	Primary Focus	Objectives
Session 1 - Making the Connection	Orient the group to the Positive Solutions for Families format, building connections with your child, and using positive encauragement.	Meet each other and learn about our families. Discuss the purpose of the group. Discuss ground rules we might have for our group. Discuss the role families have in promoting their child's social-emotional development. Identify the importance of building positive relationships with children.
Session 2 - Keeping It Positive	Learn how to use playful interactions to strengthen the caregiver-child relationship, understand the meaning of challenging behavior, and how to use positively stated directions.	Understand how playful interactions and creating fun in everyday moments can be a powerful practice.     Link building relationships, using positive comments and encouragement, and play to children's behavior.     Examine why children do what they do.     Understand how to use positive language with children.
Session 3 - Behavior Has Meaning	Determine the meaning of children's behavior, being a behavior detective, and developing and teaching rules.	Examine why children do what they do.     Practice ways to determine the meaning of behavior.     Understand effective ways to develop and teach household rules.
Session 4 - The Power of Routines	Setting up successful roulines and transitions and using prevention strategies.	Discover the importance of routines and how to set them up for success.     Introduction to the Family Routine Guide.     Identify strategies for making transitions successful.     Plan for when things go well.
Session 5 - Teach Me What to Dol	Teaching emotional vocabulary, anger management, and problem-solving skills.	Understand why feaching key social and emational skills is needed.     Identify the best firme for feaching of social and emational skills.     Identify feeling words and identify effective ways to leach feeling vocabulary.     Identify how the use of calming strategies can be used to copy with feelings and feach self-regulation skills.     Learn how to feach problem-solving skills.
Session 6 - Responding With Purpose	Understanding how to respond to challenging behaviors.	Review powerful prevention strategies and learn two new prevention strategies.  Learn specific strategies that can be used to respond with purpose to child behavior in home and community settings.
Session 7 - Putting It All Together With a Plan	Developing a behavior plan to use during daily routines.	Identify the meaning of behavior by examining what happens before and after the problem behavior.     Identify the three parts of a behavior plant: prevention, new skills to leach, and new responses.     Learn to use the Family Routine Guide to identify supports for use with children during daily routines.

## **Pyramid Model Family Engagement Resources**



#### Relationships

- <u>Positive Feedback and Encouragement</u>
- <u>Talking to Very Young Children about Race</u>
- Help Us Have a Good Day! Positive Strategies for Families
- Scripted Stories: <u>Making a Scripted Story</u>
  - I Can Be a Super Friend!
- Infant/Toddler Family Engagement Resources
- Relationship Building with Families
- <u>Labeling Emotions</u>
- Building Relationships with Children
- <u>Teachers Guide for Positive Interactions with Siblings & Friends</u>

#### **Environment**

- Helping Children Transition Between Activities
- Visual Supports for Routines, Schedules, and Transitions
- How to Use Visual Schedules to Help Your Child Understand Expectations
- <u>Teaching Your Child to Become Independent with Daily Routines</u>
- Routines and Schedules How to Help your Child Transition Smoothly Between Places and Activities
- Routines and Schedules How to Plan Activities to Reduce Challenging Behavior
- Routines and Schedules How to Help Your Child Have a Successful Morning
- Teaching Your Child to Cooperate with Requests
- Families: Let's Talk Expectations
- <u>Teaching Rules at Home</u>
- Our Rules! Sample Poster for Home
- Talking is Teaching Activities

#### Social emotional skills

- Children's Book List (Titles Only)
- Scripted Stories: Making a Scripted Story
  - Introducing Tucker Turtle letter for families
  - Tucker Turtle Takes Time to Tuck and Think at Home
- Feeling Faces Playdough Mats
- ➤ <u>Teaching Emotions: Activity Ideas to Share with Families</u>
- ➤ <u>Teaching Your Child to Identify and Express Emotions</u>
- Self-Regulation Skills: Relaxation Thermometer (Blank)
- Feeling Wheel (English-Blank)
- Feeling Faces: This is how I feel today! Chart and Template (English-Blank)
- Feeling Faces Large Cards or Feeling Faces: Cards (English-Blank)
- Help Us Calm Down: Strategies for Children
- Help Us Stay Calm: Strategies that help you and your child during challenging behavior
- Self-Regulation Skills: Breathing Strategies
- ➤ Introducing the Solution Kit!
- Problem-Solving Steps
- Solution Kit: Home Edition
- We Can Be Problem Solvers at Home!
- Suri Spider Selects a Solution



## **Pyramid Model Family Engagement Resources**

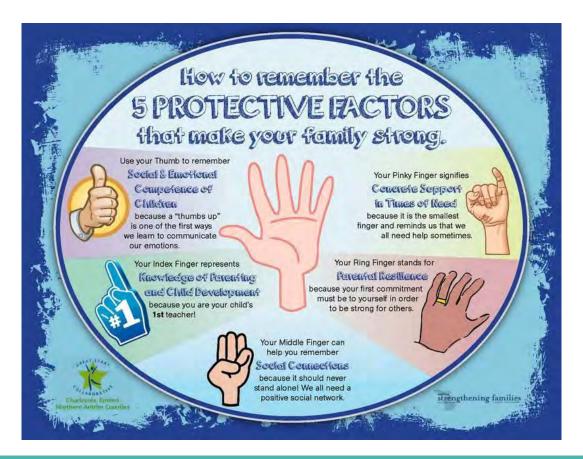
#### Intensive Interventions

- → Backpack Connection Series
- → Making Life Easier Series
- → <u>Caregiver Planning Form</u>
- → Observation Card
- → Family Routine Based Support Guide: Building Relationships with Infants
- → Positive Solutions for Families: Family Routine Guide
- Recommended Practices: Supporting Infants and Toddlers with Challenging Behavior
- Responding to Your Child's Bite
- → Understanding Your Child's Behavior: Reading Your Child's Cues from Birth to Age 2



# Family Routine Guide

#### **Promote Protective Factors**



- Social and emotional competence of children
- Knowledge of parenting and child development
- Social connections
- Parental resilience
- Concrete support in times of need

Strengthening Families - Center for the Study of Social Policy

#### **Authentic Family Engagement**

- 1. Make your approach personal
- 2. Leverage existing community groups and partnerships
- 3. Create (flexible) family partner job descriptions
- 4. Make participation as convenient as possible
- 5. Empower family voices

Phase 1: Phase 4: **Gathering Data** Assessing and from Families' Sustainability **Perspectives** Phase 3: Phase 2: Communicate Involving Results with Families in Families **Process Design** 

Family Partnerships I: Gathering Family Feedback for Stronger Programs Quality Start Los Angeles

#### **Parents as Partners!**



#### Partnering with Families

Here are some key roles families can take up in collaborating with early education programs





Collaborators
with program
staff and
members of the
community on
issues of
program
improvement
and reform

Supporters of their children's learning and development



<u>& choosers</u> of educational options for their children, the program, and community



Encouragers of an achievement identity, a positive self image, and a "can do" spirit in their children





Advocates & Activists for improved learning opportunities for their children and at their programs

Models of lifelong learning and enthusiasm for education



Monitors of their children's time, behavior, boundaries and resources



#### **Strategies for Family Engagement**

Incentives: Raffles, celebrations, and/or progress trackers can be used to encourage participation – online or in person. Access & Inclusion: Make sure to have forms available in different languages and adaptations for folks with low reading levels, blind, deaf, etc. Representation: Ensure that all types of family voices are present (most to least involved, different backgrounds, new and older families, etc.). This increases the chance that all families are heard and that potential solutions will work for everyone.

Strengths-Based Approach: Adjust Family
Needs Assessments to include Family
Strengths! Include sections like: learning styles,
communication preferences, neighborhood
knowledge, and social circles. Consider what
funds of knowledge families may have at their
disposal.

**Communication Methods:** Some options are more suitable for certain families

- Typical: Text messages, E-mail, On-line or Paper survey
- Continued Efforts: Making Repeated attempts while using messaging showing feedback is important to us.
- Next Level: Individual invitations and support from teachers. Can families have in person help filling out these tools with a teacher?

Family Partnerships I: Gathering Family Feedback for Stronger Programs Quality Start Los Angeles

#### Strategies for Families to Support Kindergarten Transition

- Establish consistent routines to create stability during the transition (Perry, Dockett, & Petriwskyj, 2014).
- Use books, stories, and role-playing to **discuss feelings** about starting school.
- Encourage **social play** to build peer interaction skills (Denham et al., 2003).
- Children who do **chores** may exhibit higher self-esteem, be more responsible, and be better equipped to deal with frustration, adversity, and delayed gratification. These skills can lead to greater success in school, work, and relationships (AACAP, 2018)
- Initiate regular, open **discussions about kindergarten expectations, routines, and any concerns** children might have. (Dockett & Perry, 2014).
- **Attend** kindergarten orientation sessions, open houses, or playdates organized by the school to **familiarize the child with the new environment and peers** (La Paro et al., 2017).

How are we preparing the next generation educators?



DAP: Purpose | NAEYC



Initial Practice Based Professional
Standards for Early Interventionists/Early
Childhood Special Educators (EI/ECSE)



#### SEL IS KEY

Our schools and communities are facing a critical challenge to address racism and bias trat harms all young people. Social embtorial learning (SEL) is a key tool in creating greater equity. SEL teaches the necessary skills for self-awareness, understanding others, and taking action to change inequitable systems.



#### **CULTURALLY RESPONSIVE-SUSTAINING PRACTICES**



SEL and Culturally Responsive-Sustaining Education (CR-SE) practices work together to affirm identities, develop student abilities, and empower students as agents of social change. When implemented with intention, SEL builds capacity to reflect on bias, strengthens community action for healing, creates safe spaces for connection and agency, losters academic excellence, and contraction and agency. In the school community, untriume belonging for all in the school community.

#### SCHOOL CLIMATE

Equitable SEL draws on SEL competencies to create a safe and welcoming school climate that prioritizes ongoing adult SEL and diversity, equity, and inclusion. SEL should be integrated throughout all aspects of district and school policy and practice, including interactions between students and teachers, family and community engagement, and additional supports for students and families in order to create learning environments that are caring and just.



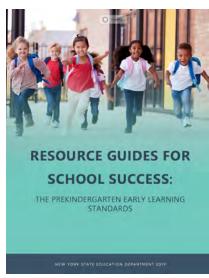
#### **FAMILIES AS PARTNERS**



Equitable SEL involves students and families as partners in planning, implementation, review, and improvement. When young bepole and families are meaningfully involved, strategies and programs become more relevant and engaging. Adopting a community school strategy within an integrated Multi-Tread System of Support (MTSS-I) offers a system in which schools can prioritize and align supports and services emphasizing family engagement and strong community partnerships.

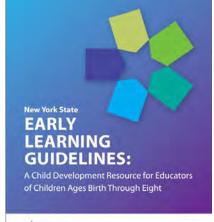
Social Emotional Learning and Equity

How are we preparing the next generation educators?



Resource Guides for School Success: The Prekindergarten Early Learning Standards









The New York State Early
Learning Guidelines



The New York State Core Body of Knowledge

#### The Role of Teacher Preparation in Supporting Kindergarten Transitions

- Teachers with specialized training in child development and social-emotional learning strategies provide more effective transition support (Pianta et al., 2008).
- Teacher preparation programs should include content on cultural competence, emotional responsiveness, and trauma-informed practices (Zinsser et al., 2019).
- Reflect on practices such as interprofessional collaboration in teacher training to address developmental needs.

#### **Best Practices in Teacher Preparation**

- Provide field experience with diverse children to practice SEL skills.
- Incorporate ongoing professional development in **SEL strategies and classroom management** (Jones & Bouffard, 2012).
- Focus on **teacher well-being** as it impacts their ability to support students emotionally (Jennings & Greenberg, 2009).
- Engaging teachers in **reflective practices**, such as coaching and mentorship, allows them to critically analyze their interactions with students and improve their social-emotional teaching strategies. (Jennings et al., 2017).

Class 2-Plan for the Day: Last week follow up- Reading Takeaways Wellness Wednesday Understanding the impact of ACEs PAPER TIGERS discussion Trailing Informed Care in

## CCPA faculty, students develop solutions to improve mental health

Schools-next week

#### Impacting students

When preschool elementary school students feel angry or overwhelmed and need help working through their feelings, Tracy Lyman '99, MSEd' '01, a certified elementary and special education teacher who is also a lecturer in the Department of Teaching, Learning, and Educational Leadership (TLEL), encourages them to 'think like a turtle.'

Take a cue from "Tucker Turtle," Lyman tells them: "Tück into your shell. Take three breaths to help calm down. Once your head is clear, you can think of a positive solution."

In this case, "Tucker" is a green handheld puppet Lyman uses in her teaching. In her mental health and education course at Binghamton University, she uses methods like the scripted research-based story of "Tucker Turtle" and his namesake puppet to show teachers-in-training unique ways of helping preschool and elementary school students improve their well-being during difficult moments.

"There is a strong research base behind social-emotional learning and for schools that integrate this work, their students are more connected to school," Lyman says. "For children, we are preparing them to be ready to learn and be more independent as they become problem solvers and have more successful interactions with peers and adults. This will support them as they move through school and the nontinue to build these skills into adulthoot.



Lyman also works with Binghamton University students in her class to show them how teachers can integrate wellbeing practices into their classroom activities and become better attuned to their students' needs.

"If students are in a school environment where there's bullying or students getting kicked out of classrooms, that's going to impact everyone's mental health and won't make anyone feel safe or comfortable at school," Lyman says.

#### Language and Literacy Leading to Positive Solutions for Families

BINGHAMTON

Tracy Lyman, MSEd Marisa Mooney, MS CCC-SLP Tina Caswell, MS CCC-SLP Kara Nunn, MS CCC-SLP, BCS-CL



#### **Graduate Student Wellness**

Tracy Lyman, MSEd.

- · Review stress and its impact
- · Reflecting upon our own responses to stress
- · Planning for stress management
- · Review of resources

Resilience and Trauma-Informed Care
Tools for Educators and Schools



Created April 2020



BINGHAMTON UNIVERSITY
STATE UNIVERSITY OF NEW YORK

Interprofessional Education

#### Where do we go from here?

#### **Home**

**Support** families to model emotional regulation, provide predictable, positive environments, and engage in consistent, supportive relationships to strengthen protective factors for both children and caregivers

# Early Care and Learning Settings

Integrate play-based learning, emotional literacy, and structured **routines** foster children's emotional competence, self-regulation, and executive function skills, promoting smoother transitions to kindergarten and enhancing social-emotional growth

#### **Teacher Preparation**

in child development,
cultural competence,
trauma-informed practices,
and SEL strategies while
also promoting teacher
well-being and reflective
practices like coaching and
mentorship

#### Some discussion...

- What **effective transition programs or practices** have you seen implemented in your school or community? What elements contributed to their success?
- How can we gather feedback from families and educators about the effectiveness of our kindergarten transition process? What data or information would be useful in this evaluation?
- What **steps can we take to continuously improve our kindergarten transition practices** based on feedback and observed outcomes?
- What innovative approaches can we explore to enhance kindergarten transition practices? How can technology or community resources support these initiatives?
- How can successful kindergarten transitions influence a child's long-term educational journey? What implications does this have for our education systems as a whole?



# PBS KIDS Ready To Learn Initiative and The Monroe County Library System present:

Community Collaboration for Transition to Kindergarten



Rachel Rosner NYS Statewide Partnerships Manager WXXI Education/PBS KIDS Ready To Learn

Monroe County Library System





The Ready To Learn Initiative





# Collaboration is a Win-Win







# Where to Start?















Supporting providers. Strengthening families.





# Who does the transition impact?



Teachers/Classroom Staff



**Future Kindergartners** 







# Collect Data







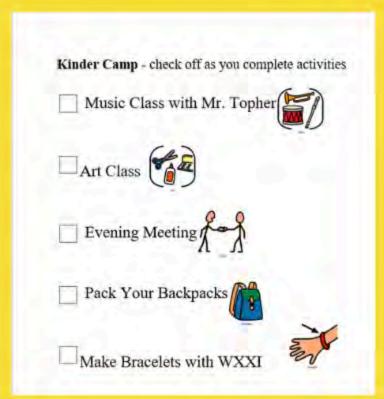
# Utilize the Data to Plan and Prepare

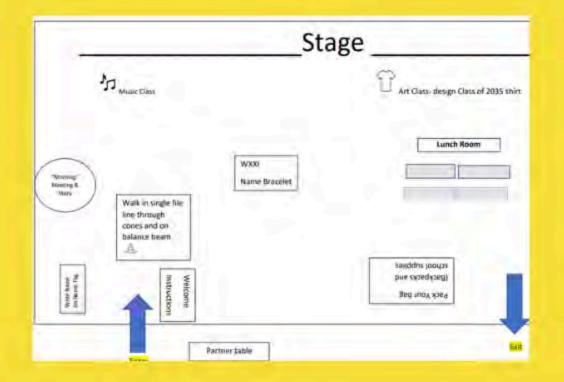






# **Activity & Room Setup**









**BIBLIOTECA PÚBLICA DE ROCHESTER** 

## CAMPAMENTO DE KINDER



Biblioteca de Maplewood Branch Sábado, 20 de Agosto

2 pm - 4 pm

1111 Dewey Avenue 428-8220 Biblioteca Comunitaria de Phillis Wheatley Miercoles, 24 de Agosto 5 pm - 7pm

> 33 Dr. Samuel McCree Way 428-8212

Los niños que ingresan a kinder y sus adultos están invitados a competir en nuestro campamento de entrenamiento de kindergarten. Las familias pasarán por un conjunto de obstáculos que ayudarán a su hijo a experimentar cómo es un día tipico de kinder. Las organizaciones comunitarias estarán allí para compartir sus recursos que apoyarán a su familia durante el ano escolar.











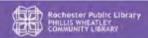


Este programa GRATUITO es para niños que ingresan a kinder en el otoño. Es necesario registrase.

Este programe està potrocinido por una Sutiminición de Desarcho Presiscior - Nacimiento e Cinco del Consejo de Wilde y Vamilias del Estado de Nueva York y Arrigos y la Fundación de la Biblioteca Pública de Rochester.



RocCityLibrary.org



La Biblioleca Central es accestire para personas con discapacidades. Para solicitar attijamentos específicos, tame in 385 426-5304 diez das antes del programa



Maplewood Branch Library Saturday, August 20th 2 pm - 4 pm

> 1111 Dewey Avenue 428-8220

Phillis Wheatley Community Library Wednesday, August 24th 5 pm - 7pm

> 33 Dr. Samuel McCree Way 428-8212

Children entering kindergarten in September and their adults are invited to compete in our kindergarten training camp. Families will go through a set of obstacles that will help your kindercamper get a taste of what they will do during a typical day of kindergarten. Community organizations will be there to share their resources that will support your family during the school year.

















This FREE program is for children entering kindergarten in the fall.

Registration required: Call the library for more information.

This program is sponsored by a Preschool Development Grant – Birth to Five from the NYS Council on Children and Families and the Friends and Foundation of the Rochester Public Library.



RocCityLibrary.org







# Welcome



# **Lunch Time!**









# **Art Class**

## **Music Class**



# Connect with Home







# What is Ready To Learn?

The <u>Ready To Learn (RTL) Initiative</u> is a cooperative agreement between the U.S. Department of Education's Office of Elementary and Secondary Education, Corporation for Public Broadcasting, PBS, and local stations. The main goals are to:

- Develop, distribute and evaluate PBS KIDS multiplatform content television programs, video, interactive games, mobile apps and hands-on activities – for preschool and early elementary school children (ages 2 to 8), and their grownups, wherever they are.
- Promote early learning and school readiness, with a particular interest in reaching low-income and traditionally marginalized children, families, and communities.



 Support the development of early learning community engagement programs through partnerships and collective impact work.









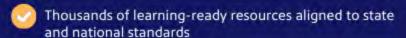


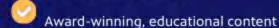
# PBS LearningMedia New York's Largest Classroom

PBS LearningMedia offers FREE educational resources for PreK–12 educators and students. Empower and engage your students with resources that are designed for educators, vetted, and curated to support your educational needs.



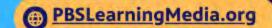






- Free access for every educator across New York
- Teacher tools class roster, quizzes, puzzles, and more
- Compatibility with Google Classroom, Schoology, Clever, and Remind











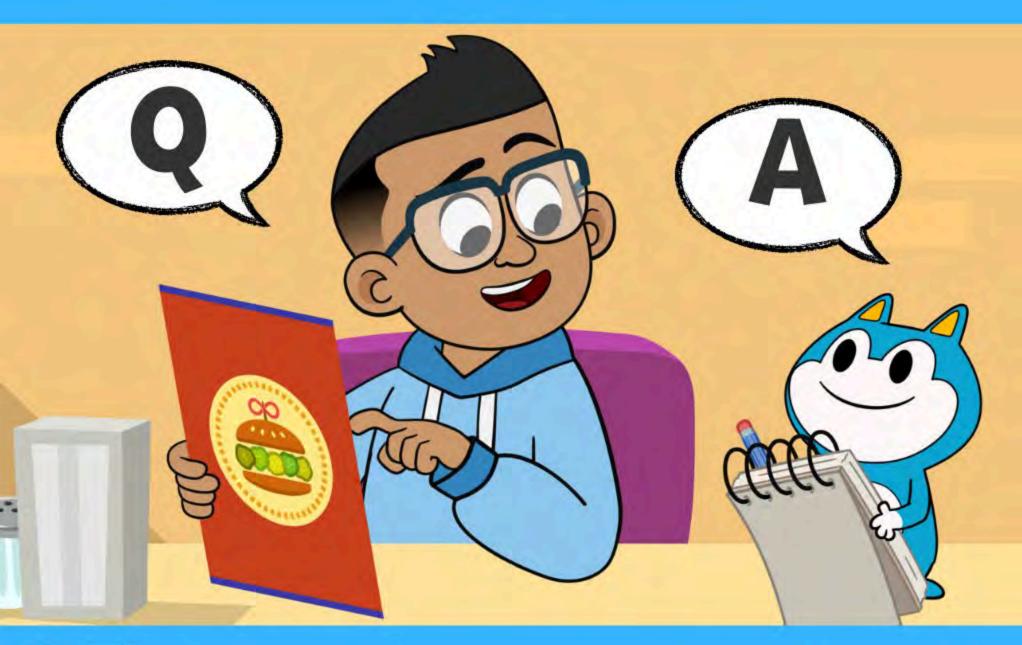














Ready To Learn Initiative

# Tools You Can Use

























## Join the NYS PBS KIDS Email List!



Scan the QR code or https://bit.ly/NYSRTLEmailList





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# The Ready To Learn Initiative

is made possible by







The contents of this presentation were developed under a grant from the Department of Education. However, those contents do not necessarily represent the policy of the Department of Education, and you should not assume endorsement by the Federal Government. The project is funded by a Ready To Learn grant [PR/Award No. S295A200004, CFDA No. 84.295A] provided by the Department of Education to the Corporation for Public Broadcasting.



**Kindergarten Transition Summit** 



# WELCOME!

**Introductions** 

### **AGENDA**

What is QUALITYstarsNY?

 How QUALITYstarsNY Supports Kindergarten Transitions















### earlychildhoodny.org

# GUALITYStarsNY

- New York State's Quality Rating and Improvement System (QRIS) for early childhood programs
- Designed to empower educators to enhance the quality of early childhood for New York's children and families
- A continuous quality improvement process with support and resources for early childhood programs



# GUALITYStarsNY

Designed to systematically

assess,

improve,

and sustain

high quality care and education in all regulated settings.



# QUALITYstarsNY Standards

4 Standards 3 Sets of Standards Categories Learning Family Environment Engagement Center Home Based Based Qualifications Management & Experience & Leadership School Based

# THE PARTICIPATION PROCESS





# How Starsny Supports Early Childhood Programs



Individualized support from a Quality
Improvement Specialist

Professional development opportunities





Guidance, information, and resources to enhance your learning environment

Data-driven assessment to inform quality improvement planning



# Quality Improvement Specialist

- Individualized support from a Quality Improvement Specialist with expertise in early childhood education and program management
- Helps your program navigate the participation process and build your Quality Improvement Plan
- Connects programs with resources to meet their goals



# Professional Development Support

- Access to trainings, conferences, and other PD opportunities for teachers and administrators
- Scholarships to help staff advance their education or obtain certifications



# Learning Environment

• Supporting high quality environments that the children are in every day.



# Data Driven Information

- Evidence-based Standards offer roadmap for programs to implement best practices in early childhood education
- Rating results help programs identify strengths and opportunities for improvement to build their Quality Improvement Plan
- Three-year rating cycle that allows programs to reflect on their progress and continually amend their goals

# Supporting Kindergarten Transitions

- The QUALITYstarsNY Standards offer roadmap to help programs implement best practices around kindergarten transitions
- Participating programs can access resources, materials, and 1-1 guidance to prepare children and families for this transition

## How Quality Improvement Specialists Support Kindergarten Transitions

- Provide guidance around kindergarten transition practices
- Participate in transition events across the state and encouraging programs to attend
- Can serve as a member of the local transition team
- Supports programs while implementing their transition plan and events
- Build connections between early childhood programs and schools

# STARTwithSTARS

# QUALITYstarsNY initiative designed to support:

- Programs that have been open for less than 1 year
- Programs with new leadership

Support and resources to help programs create a strong foundation for success right from the start.

After achieving progress in Start with Stars, programs transition into QUALITYstarsNY.

### Learn More

Visit the QUALITYstarsNY website: qualitystarsny.org

Interested in participating? Complete our Program Interest form: qualitystarsny.org/apply





### Resources

Interested in Participating in QUALITYstarsNY?

og In

English



About I

**Quality Standards** 

Providers

Families

News & Events

Find a Program

Q



### New York's Quality Rating & Improvement System

QUALITYstarsNY is New York's Quality Rating and Improvement System (QRIS) for early childhood programs, providing support and resources to improve and sustain high quality across New York State. We believe that all early childhood educators are committed to the young children they work with and are always intrinsically motivated to improve their practice. QUALITYstarsNY exists because we believe that early childhood educators across the state deserve the support to engage in continuous quality improvement.

**LEARN MORE** 



### Qualitystarsny.org

# Questions

Please stop by the Information Table for a flyer with our Regional Coordinators contact information.

Kathy Moss 845-359-1926 Kmoss@qualitystarsny.org

Contact our team: support@qualitystarsny.org

# Thank You



# A Deeper Dive into the Prekindergarten to Kindergarten Transition Toolkit

New York State Education Department
Office of Early Learning



# Prekindergarten to Kindergarten Transition Toolkit

For Administrators and Educators





The transition toolkit is a vital resource for administrators and educators providing a structured approach to planning, implementing, and evaluating transition activities. It ensures that all stakeholders are prepared, engaged, and working collaboratively to support children's successful entry into kindergarten and ultimately promoting positive educational outcomes.

# The Transition Toolkit

### The New York State Education Department's Planning Tool to Support Effective Transitions from Prekindergarten to Kindergarten for School Districts



How to use this planning tool:

This tool can be used to create a transition plan. The first section provides an area to brainstorm a list of who will be on the transition team including district and community-based team members. It is important to identify a Transition Team Coordinator.

List of School District Transition Team Members
(may include prekindergorten and kindergarten
teachers, building leaders or district administrators,
school counselor or social worker, ENL staff, CPSE
staff, and family members)

List of Community
Members (may in
Service agency st
housing authority
organization teac
childhood progra
prekindergarten i
district)

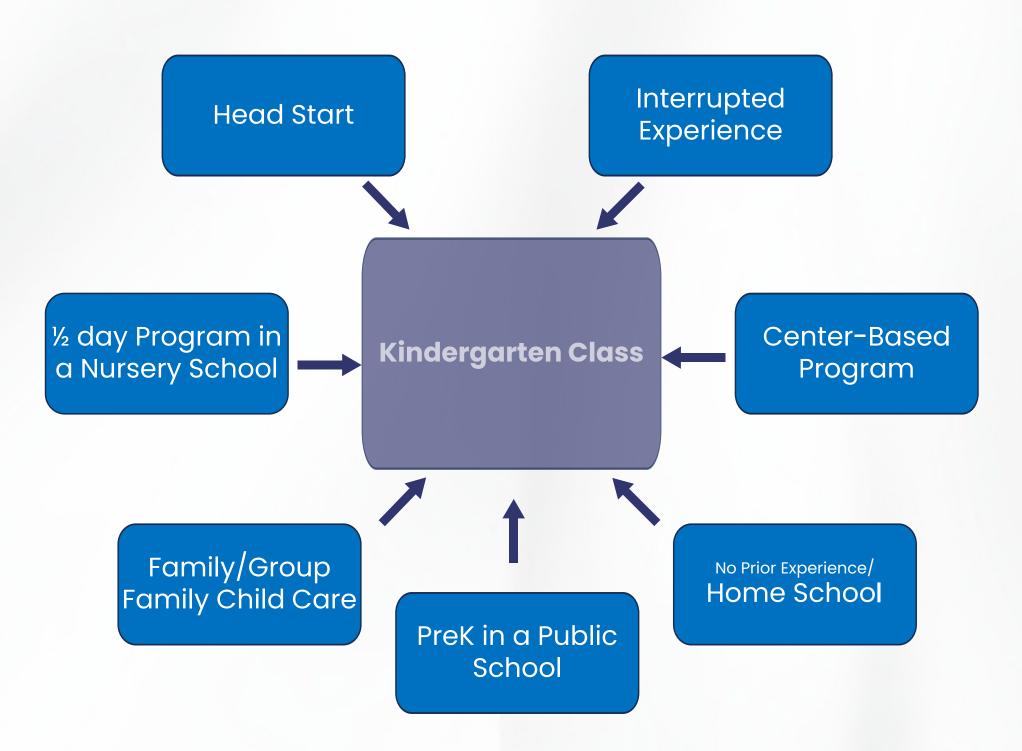
List of Community Based Transition Team
Members (may include the local librarian, social
service agency staff, health clinic staff, local
housing authority staff, community-based
organization teachers and staff, and early
childhood program staff that do not provide
prekindergarten instructional services with the
district)

Setting Transition Goals & Objectives

This section of the tool allows the team to create transition goals and objectives. Below are potential goals and objectives to use as a baseline to create the plan.

Potential Goals	Our Goals	
Ensure Continuity of Learning and Development     Foster Positive Relationships     Increase Family Engagement     Promote Child Readiness     Support Teachers and Staff		
Potential Objectives	Our Objectives	
Align preschool and kindergarten curricula and facilitate teacher collaboration to ensure a smooth academic transition for children.  Create opportunities for children to meet teachers and peers before transitioning to kindergarten to support relationship-building and social integration.  Provide families with resources, workshops, and communication channels to actively engage them in supporting their child's transition to kindergarten.  Assess and support each child's developmental needs through targeted activities that prepare them for the kindergarten environment.  Offer professional development and collaborative apportunities to ensure teachers are equipped with strategies to support children's transition to kindergarten.  Callaborate with CBO partners.		

# Setting Transition Goals & Objectives for Districts



# The Transition Toolkit

### **Developing & Evaluating the Transition Plan**

This section provides the team with information to consider in developing and evaluating the plan. Read each item carefully and indicate how strongly your program considers it as part of the kindergarten transition plan. Place a checkmark in the box indicating not implemented, in process, or implemented. Develop a timeline for implementation of activities and designate responsibilities.

Transition Activity	Implementation Status	Suggested Timeline	Our Timeline	Team Member (s) Responsible for Task	Additional Notes
Set up the transition team, define goals and objectives, roles and duties, and kick off the initial planning phase.	Not Implemented In Process Implemented	January			
Collaborate with local services and support agencies for potential partnerships.	Not. Implemented  In Process  Implemented	January			
Arrange meetings for the transition team and ensure alignment with school policies and objectives.	Not Implemented In Process Implemented	January			

### Developing & Evaluating the Transition Plan

This section provides the team with information to consider in developing and evaluating the plan. Read each item carefully and indicate how strongly your program considers it as part of the kindergarten transition plan. Place a checkmark in the box indicating not implemented, in process, or implemented. Develop a timeline for implementation of activities and designate responsibilities.

Transition Activity	Implementation Status	Suggested Timeline	Our Timeline	Team Member (s) Responsible for Task	Additional Notes
Allocate resources for transition tasks.	Not Implemented In Process Implemented	January			
Evaluate transition plans and gather feedback for continuous improvements from team members, teachers, and families. Identify successes and areas of improvement.	Not implemented In Process Implemented	Ongoing			
Create a process for engaging families in the transition of their children to kindergarten that is clearly communicated within the community.	Not Implemented In Process Implemented	Ongoing			

# Fostering Connections

• Establishing Child - School Relationships



• Strengthening Family - School Relationships



Nurturing Program - School Relationships



Cultivating Community - School Relationships



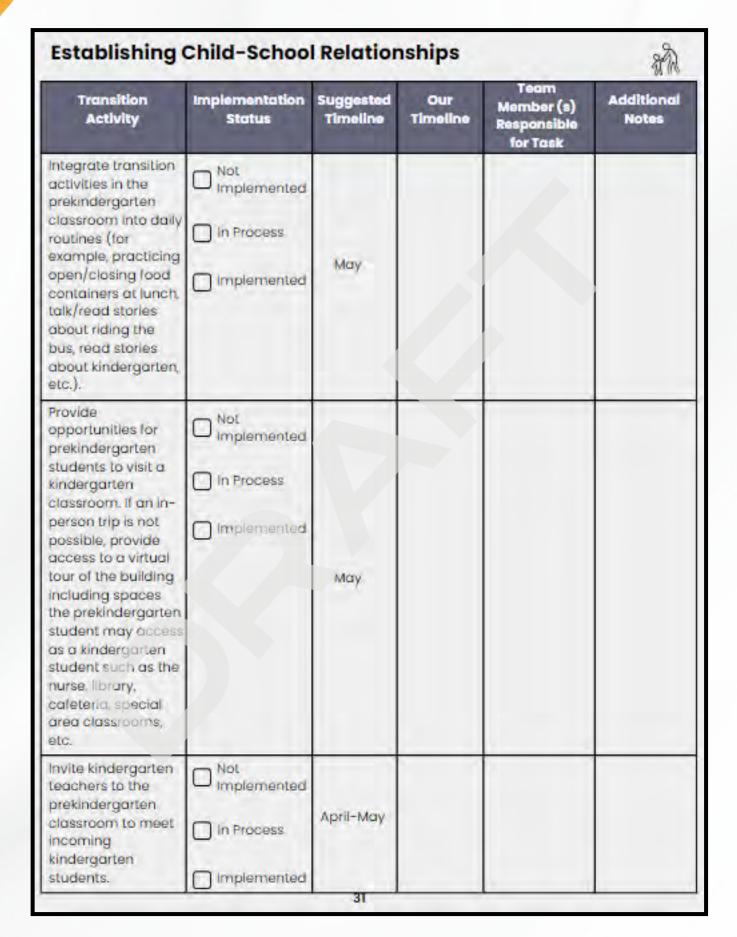


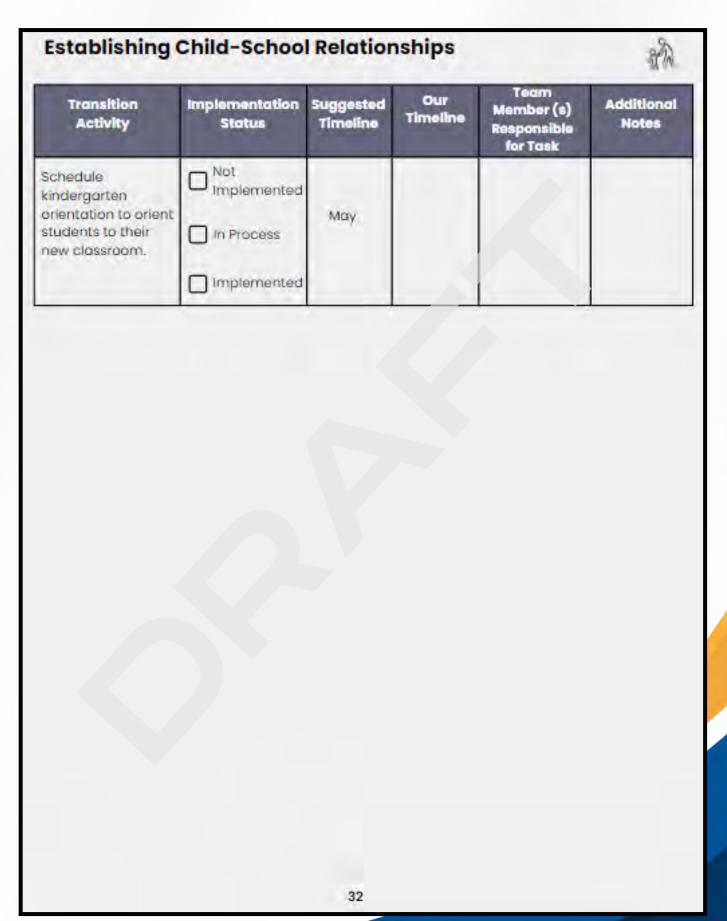
# Establishing Child-School Relationships



- School tour & Classroom Visits: Class trip to the school playground or new classroom.
- Story time: Visit the new school library for a story time session with the librarian or kindergarten teacher.
- Welcome Art: Have children create are projects such as self-portraits or family pictures to display in the new kindergarten classroom to help create a sense of ownership and belonging.

# The Transition Toolkit for Districts





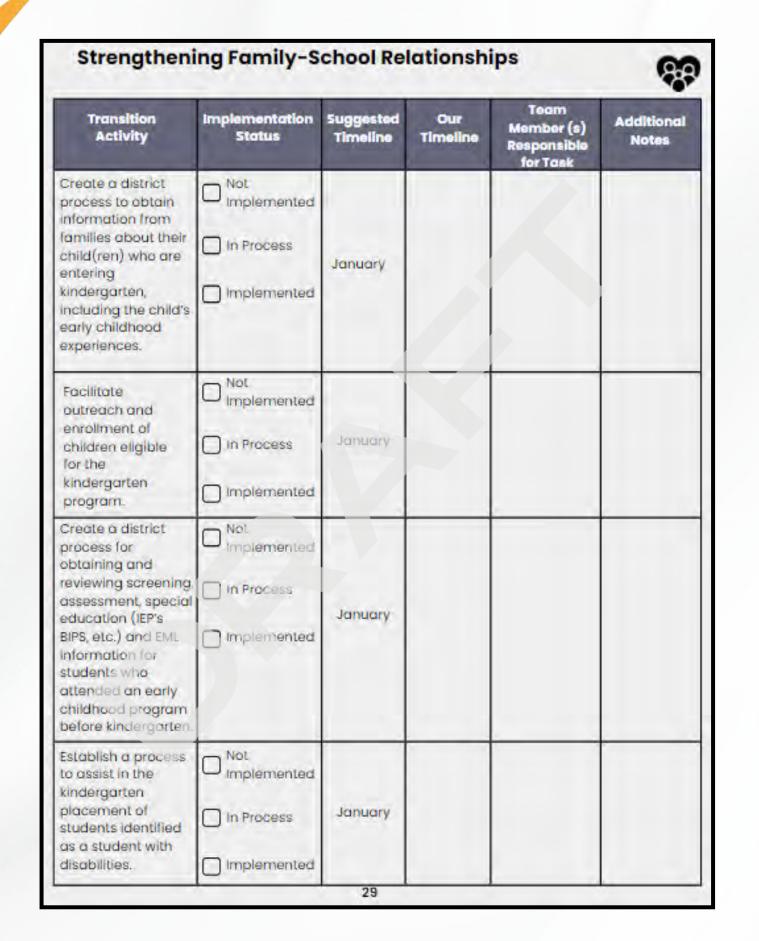
# Strengthening Family-School Relationships



- Open House Events: Host an open house event where children and their families can tour the school, visit classrooms, and meet teachers and staff.
- Kindergarten Orientation: Conduct orientation sessions for families to learn about the kindergarten curriculum, daily schedules, and how they can support their child's learning at home.
- Interactive Workshops: Organize fun workshops that include fun, hands-on activities for children and their families such as story time or arts and crafts and provide families with materials such as books, school supplies and information on routines and expectations.



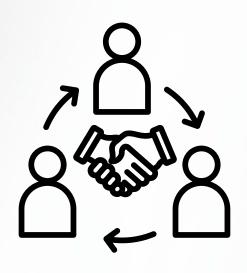
### The Transition Toolkit for Districts



Transition Activity	Implementation Status	Suggested Timeline	Our Timeline	Team Member (s) Responsible	Additional Notes
establish a process to assist in the kindergarten placement of students identified as an Emergent Multilingual Learner.	Not Implemented In Process Implemented	January		for Task	
Create written communication to share with families about transition activities that support the culture, nome languages, and reading levels of the families of ncoming children.	Not implemented In Process Implemented	January			
Provide families with nformation about school routines, mportant dates, the sindergarten earning standards and curricula before the first day of sindergarten.	III Process	Spring			
Provide open house events, kindergarten orientation and/or nteractive amily/child workshops to provide opportunities to strengthen the amily-school relationship.	Not Implemented In Process	Ongoing			



## Nurturing Program-School Relationships



- Child Profiles: Create child profiles that include information about each child's strengths, interests and developmental progress to be shared with kindergarten teachers (see appendix for the Prekindergarten Learner Profile)
- Data Sharing Agreements: Establish data-sharing agreements between prekindergarten programs and kindergarten to ensure relevant information is transferred securely and effectively.
- Transition Teams: Establish teams consisting of prekindergarten and kindergarten teachers, school administrators, and various support staff to coordinate transition activities through regularly scheduled meetings.

## The Transition Toolkit for Districts

Transition Activity	Implementation Status	Suggested Timeline	Our Timeline	Team Member (s) Responsible for Task	Additional Notes
Coordinate transition information sessions for staff from both district and CBO classrooms.	Not Implemented In Process Implemented	February			
Provide training for staff on transition best practices, on supporting Students with Special Needs, and EML students entering the kindergarten classroom.	Not Implemented In Process Implemented	March			
Provide opportunities for kindergarten teachers and prekindergarten teachers to visit each other's classrooms.	Not Implemented In Process Implemented	Ongoing			
Create a prekindergarten learner profile that includes information about each child's strengths, interests and developmental progress to be shared with kindergarten teachers (see Appendix VI for an example).	Not Implemented In Process Implemented	May-June			

## Cultivating Community - School Relationships



- Community Events Organize community events such as fairs and family fun days to bring families, school staff, and community members together.
- Partnerships with Local Organizations:
  - Library partnerships to offer story time sessions.
  - Healthcare providers to offer health screenings or informational sessions on health and wellness.
  - Nonprofit organizations that focus on early childhood education, family support, and community services to provide additional resources and programs.
- Community Bulletin Boards: Maintain bulletin boards in the school and around the community with information about upcoming vents, resources, and volunteer opportunities.



## The Transition Toolkit for Districts

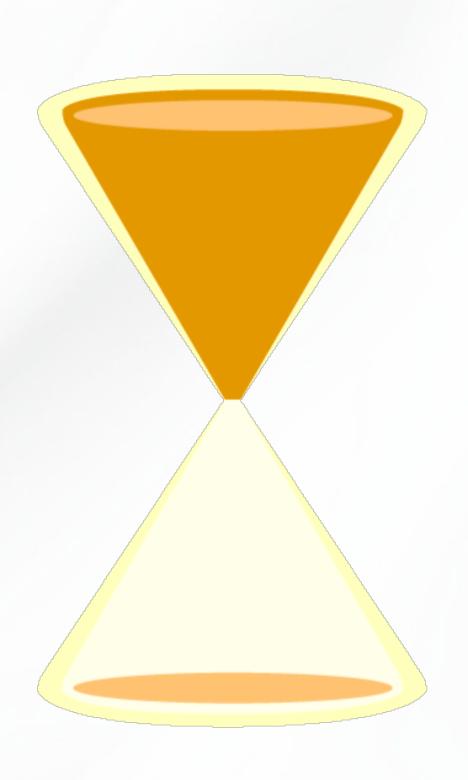
Transition Activity	Implementation Status	Suggested Timeline	Our Timeline	Team Member (s) Responsible for Task	Additional Notes
Establish a list of the names and locations of early childhood programs/providers in the district (non-public schools, nursery schools, family childcare programs, etc.) that serve children in the year prior to kindergarten entry with contact information.	Not implemented Implemented In Process	Ongoing			
Provide opportunities (such as emails and meetings) for staff from early childhood programs and kindergarten teachers and administrators to share information regarding effective transitions.	Not. Implemented In Process Implemented	Ongoing			

Transition Activity	Implementation Status	Suggested Timeline	Our Timeline	Team Member (s) Responsible for Tesk	Additional Notes
Establish a list of the names and locations of early childhood programs/providers in the district (non-public schools, nursery schools, family childcare programs, etc.) that serve children in the year prior to kindergarten entry with contact information.	Not implemented In Process Implemented	Ongoing			
Provide opportunities (such as emails and meetings) for staff from early childhood programs and kindergarten teachers and administrators to share information regarding effective transitions.	Not Implemented In Process Implemented	Ongoing			

## Toolkit Review & Feedback



## Workgroups

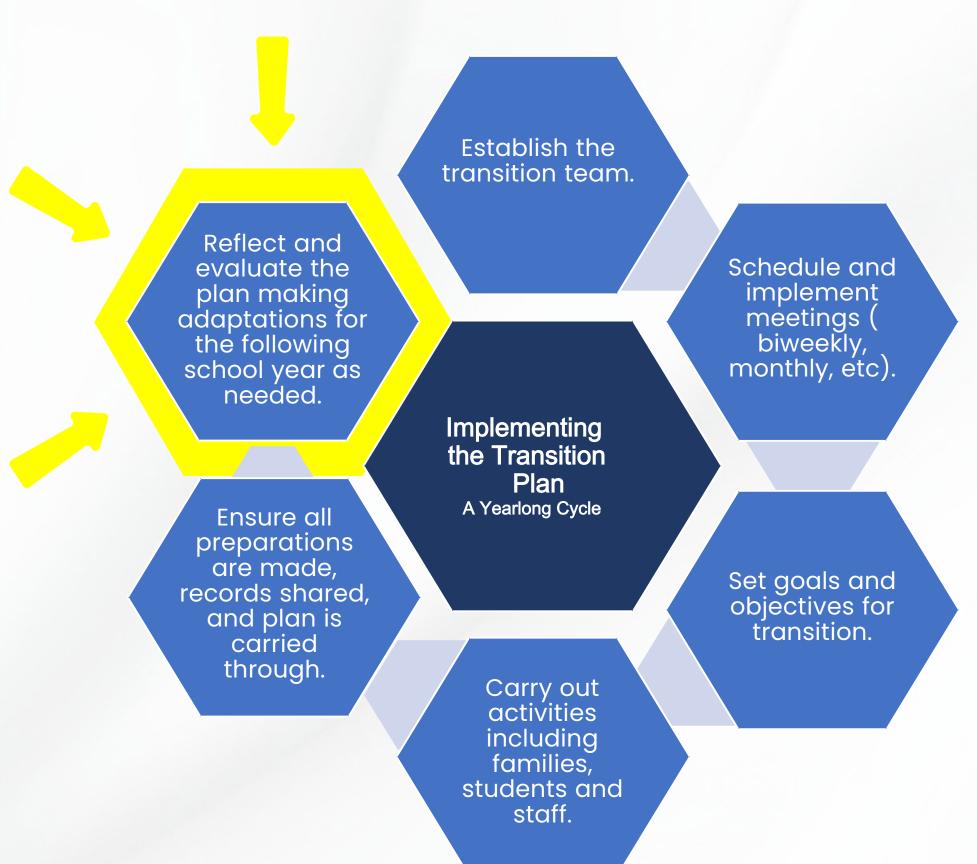


## Group Share





## Reflect and Evaluate



## **Evaluating the Transition Plan**

#### Reflection and Continuous Improvement of Plan

Setting up a transition plan from prekindergarten to kindergarten involves a reflective framework for continuous improvement, connecting prekindergarten programs with kindergarten classrooms. It focuses on monitoring, tracking, and feedback for adaptability and responsiveness. Please see the tool in the appendix to reflect on the transition programming and plan for continuous improvement of the plan.

#### Monitoring and Tracking of Data



Progress Monitoring: Consistently assess students acade in a social and

emotional development using valid and reliable too s.

Data Collection: Record student progress from ple Vindergarten to kindergarten, encompassing attendance and academic per province.

**Tracking:** Evaluate the impact of curricula and leaching methods through the systematic tracking of collected data.

**System Development:** Establish a plan of action to localitate data sharing agreements between prekindergarten and kindergarten programs to review effectiveness.

#### Feedback



Teacher Feedback: Conduct meetings and conversations with prekindergarten and kindergarten teachers to collect insights on curriculum dilgriment, student readiness, and transition activity effectiveness.

Parent and Carogiver Foodback through surveys, meetings, and discussions to goin that to expend on the transition experience:

**Student Fredizack:** Use techniques such as drawings and conversations to assess children's comfort I vels and address any concerns they might have about the transition.

#### Reflection and Continuous Improvement

**Data Analy** sist Regularly analyze prekindergarten student data to identify patterns and areas for improvement in programming.

ReNective Meetings: Hold meetings with transition team members to review and effect on progress monitoring and assessment data. The team can provide eetil ack, identifying successes and areas for improvement.

Sharing Best Practices: Share successful practices within and across schools and CBO locations to encourage angoing learning.

**Annual Review:** Conduct a comprehensive annual review of the transition plan with the transition team to evaluate effectiveness, make adjustments to goals and objectives, and strive for continuous improvement of the plan.



### Monitoring and Tracking of Data

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#### Prekindergarten to Kindergarten Transition ED Office of Early Learning Reflection and Continuous Improvement **Planning Tool** Monitoring and Tracking of Data Progress Monitoring, Data Collection, Tracking and System Development dates to the Progress Not Implemented Consistently assess students academic, social, and emotional In Process development using valid and reliable tools and teacher observations. [ Implemented Not Implemented Record student progress from prekindergarten to kindergarten, In Process encompassing attendance and Implemented academic performance. Not Implemented Evaluate the impact of curricula and teaching methods through the In Process systematic tracking of collected data. Implemented Establish a mechanism to Implemented facilitate the exchange of vital information between In Process prekindergarten classes and kindergarten programs. [ ] Implemented

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#### Feedback



+ Feedback				
Feedback: Teacher, Parent/Caregiver & Student	Progress	Comments	Updates to the current transition plan	
Conduct surveys and focus groups with prekindergarten and kindergarten teachers to collect insights on curriculum alignment, student readiness, and transition activity effectiveness (see appendix).	Not Implemented In Process Implemented			
Involve parents through surveys, meetings, and discussions to grasp their viewpoints on the transition experience.	Not Implemented In Process Implemented			
Employ techniques such as drawings and guided conversations to assess children's comfort levels and address any concerns they might have about the transition.	Not Implemented In Process Implemented			

#### Reflection and Continuous **Improvement**



( Reflection and Continuous Improvement				
Data Analysis, Reflective Meetings, Sharing Best Practices, Annual Review	Progress	Comments	Updates to the current transition plan	
Regularly analyze prekindergarten student data to identify patterns and areas for improvement in programming.	Not Implemented In Process Implemented			
Hold meetings with transition team members to review and reflect on progress monitoring and assessment data. The team can provide feedback, identifying successes and areas for improvement in programming.	Not Implemented In Process Implemented			
Share successful practices and lessons learned within and across schools and CBO locations to encourage ongoing learning.	Implemented Implemented In Process Implemented			
Conduct a comprehensive annual review of the transition pian with the transition team to evaluate effectiveness, make adjustments to goals and objectives, and strive for continuous improvement of the plan.	Not Implemented In Process Implemented			

## Additional Feedback





New York State Education Department
Office of Early Learning

## Contact Us:

- 518-474-5807
- OEL@nysed.gov
- nysed.gov/early-learning





October 30, 2024

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#### Agenda

- Overview of the Early Intervention Program
- Transitioning out of the Early Intervention Program
   Early Intervention Resources
   Questions



NEW YORK Department of Health

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Early Intervention Program Overview

YORK Department of Health

#### Background - Early Intervention Program

- New York State's Early Intervention Program is for infants and toddlers with developmental disabilities and their families
- Part C of federal Individuals with Disabilities Education Act (IDEA)
- Title II-A of Article 25 of Public Health Law Implemented July 1, 1993
- Department of Health is Lead Agency responsible for administration and oversight
- All fifty-seven counties and New York City have a designated Early Intervention Official/public agency responsible for local administration





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#### New York State Early Intervention Program

- Early Intervention Program delivers services to approximately  $70,\!000$  children annually
- Expenditures of about \$690 million across all payers
- Program includes approximately 1,310 providers who are in Agreements with New York State to bill for early intervention services

  o 57 Municipal Providers

  - 422 Billing Agencies831 Individual Practitioners
  - In addition, there are 8,876 individual providers who can work as contractors with approved agencies



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Mission and Goals of the Program



#### Early Intervention Program Mission

- Identify and evaluate as early as possible those infants and toddlers whose healthy development is compromised.
- ✓ Provide the appropriate interventions to improve child and family development.



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#### Goals of the Early Intervention Program



To **provide** family-centered, community-based, and culturally-sensitive services.



To  ${\bf coordinate}$  Early Intervention (EI) services with other services typically used by this population.



To **deliver** effective, high-quality services that result in measurable outcomes for children and families.

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#### Goals of the Early Intervention Program



To ensure consistency and accountability and clear lines of responsibility and authority throughout the early intervention service system.



To seek the support and involvement of healthcare providers (Medical Home).



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#### Early Intervention Steps: A Parent's Basic Guide to the Early Intervention Program





https://www.health.ny.gov/publications/0532.pd



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#### Recognizing and Respecting Each Family's Unique Nature



- Parents and caregivers are the experts on their children, and they want what is best for their children and family.
- Each family has their own language as well as their own cultural and belief system.
- Each family has their own set of traditions, routines and practices that are important to them.



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Early Intervention Steps



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Step 1: Referral



YORK Department of Health

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Early Intervention Program Resources



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**Primary Referral Sources** 

- All approved evaluators Service Coordinators
- Providers of early intervention

- Providers of early intervention services
  Hospitals
  Child health care providers
  Day care programs
  Local sechool districts
  Local scoial service districts
  Public health facilities
  Early childhood direction centers
  Operators of any clinic approved under Article 28 of
  Public Health Law, Article 16 of the Mental Health Law, or
  Article 31 of the Mental Hygiene Law
- Public agencies and staff in the child welfare system
   Domestic violence shelters and agencies
   Homeless family shelters





#### **Service Coordination**





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Step 2: Service Coordination

Initial Service Coordinator:
Helps the family with all of the steps necessary to get services

#### On-going Service Coordinator:

Makes sure that the family and child get the services in their Individualized Family Service Plan (IFSP)





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Evaluation



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Step 3: Evaluation

**Multidisciplinary Evaluation** means the procedures used by two or more qualified professionals from different disciplines to determine a child's initial and continuing eligibility for the Early Intervention Program, by assessing five areas of development: cognitive, physical, communication, social-emotional, and adaptive development.





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Eligibility Criteria

- 12-month delay in one functional area, or
- · 33% delay in one functional area, or
- 25% delay in each of two areas, or
- 2 standard deviations (SD) below the mean in one functional area, or
- At least 1.5 standard deviations below the mean in each of



Department of Health

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Individualized Family Service Plan (IFSP)





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#### Step 4: Individualized Family Service Plan (IFSP)





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What is an Individualized Family Service Plan (IFSP)?

An Individualized Family Service Plan (IFSP) is:

- A written plan for providing early intervention services to a child eligible for the Early Intervention Program and the child's family.
- Developed jointly by the parents and early intervention personnel that comprise the IFSP team.





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#### Family-Centered Services

- Early intervention services should focus on the specific identified needs of the family
- Identified current and needed supports identified by the family.
- Parents should be included and provided with opportunities to participate in their child's early intervention program during times that are convenient to them.



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YORK STATE	Department of Health

Individualized Family Service Plan Review



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Step 5: IFSP Review (6 months/evaluated annually)

#### 5. IFSP Review Six Months, Evaluate Annually

- Decisjon is made to continue, add, modify or delete outcomes, strategies and/or services
   If parent requests, may review sooner (if parent requests an increase in services, EIO may ask for supplemental evaluation)

YORK Department of Health

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Transition





#### What is Transition?

Early intervention regulations specifically require the Individualized Family Service Plan transition plan to include the steps taken to support the child's transition, including:

- Discussions with and education of parent(s) regarding options for
- transition,
   Procedures to prepare the child and family for changes in service delivery,
- including steps to help the child adjust to a new setting,
   Procedures to prepare staff who may serve the child following transition,
- and
   Identification of transition services and other activities that the Individualized Family Service Plan team determines are needed to ensure the smooth transition of the child.



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#### Who Assists the Family with Transitioning out of the Early Intervention Program?

The child's service coordinator is responsible

- · Explaining the transition process in a way parents will understand Adhering to all required timelines for a child's
- transition

  Obtaining all written parental consents
- required during in the transition process

  Assisting families with referral of the child to other supports and service systems that are part of the transition plan.





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#### Transition out of the EIP

- Eligible children can receive EIP services from birth to
- The last date eligible children can receive EIP services is the day before their third birthday, unless preschool special education eligibility has been determined through the Committee on Preschool Special Education (CPSE) through their school district.



Transition out of the EIP

 Transition planning must occur for all children exiting the EIP, including those for whom a referral to CPSE is not appropriate. Their transition plan must include a referral to other resources which may be appropriate.

- Not all children participating in the EIP will transition to preschool special education.
- The last date for El services is the day before the child's third birthday.





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#### Other Supports and Services

This includes a referral to:

- · Children and Youth with Special Health Care Needs Program (if the municipality participates)
- Child Care Resource and Referral Program
- Other appropriate resources (example: Health Homes Serving Children for Medicaid eligible children, Office for People with Developmental Disabilities services)





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Resources for Families and Professionals

YORK Department of Health

YORK Department of Health

#### Online Early Intervention Program Resources



https://www.health.ny.gov/community/infants\_children/early\_intervention/

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#### NYSDOH – Early Intervention Community of Families Facebook Group



www.facebook.com/groups/NYSDOHEI

YORK Department of Health

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#### New York State Early Intervention Program Families Listserv

Are you interested in spooring trainings for parents and caregiven?

Are you looking for recourse on divelopment deeps and shabilities?

Are you looking for recourse on divelopment deeps and shabilities?

If you are you will not not the state of the first of the f



#### Early Help Makes a Difference Brochure



- · Contains language to help parents track their child's developmental milestones and be prepared to discuss any concerns with their child's health care provider
- Includes milestones specific to socialemotional development
- Provides developmental milestones for 2, 4, 9, 15, and 30-months
- Currently available in English and Spanish. Will be translated into 28 languages



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#### Other Resources

#### Early Childhood Family and Community Engagement (FACE) Centers

Early Childhood Family and Community Engagement (FACE) Contents

Early Childhood Family and Community Engagement Centers are located throughout New York State.

Early Childhood Family and Community Engagement Centers promote meaningful family involvement
within the educational system, build collaborative community relationships, and provide information and
training about available service options and delivery systems for children from birth to age 21. For a
complete list of Centers and contact information, please visit: <a href="https://www.nysed.gov/postsecondary-services/family-and-community-engagement">https://www.nysed.gov/postsecondary-services/family-and-community-engagement</a>

#### Special Education Regional Offices:

The Regional Associate oversees preschool and school age special education services, and serves as a resource to parents, school district personnel and private providers. For additional information, visit https://www.nysed.gov/special-education/special-education-quality-assurance-regional-offices

Special Education in New York State for Children Ages 3-21: A Parent's Guide: https://www.mysed.gov/sites/defaull/files/programs/early-learning/a-resource-to-specialeducation-support-services.pdf



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#### Questions?





#### **Contact Information**



Bureau of Early Intervention: (518) 473-7016

BEIpub@health.ny.gov



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