

New York State
BOOK NOOKS



Dress Like a Girl

This book explores many wonderful roles of girls. With their different outfits and role playing, the girls encourage readers to make their own rules about what they wear and how they want to look. *“What YOU think determines which outfit’s okay. Don’t judge your appearance by what others say.”*

Title: Dress Like a Girl

Author: Patricia Toht

Illustrator: Lorian Tu-Dean

Publisher: Harper- Collins

Date published: 2019

Pyramid Model Skill or concept(s)	Supports developing Sense of Self, interacts with children to develop their self-esteem, encourages autonomy, creates an atmosphere of friendship, teaching children to express emotions and recognize identity.
Goal/Objective:	Children will explore roles all people can have and their impact on their community. Children will explore their impact on their classroom community. Children will be able to express themselves through dress up clothes/props.
Emotional Vocabulary:	Happy, fun, excited, choice, curious, helpful, just, inspire, identity, acceptance, self-expression
Story Time: (Show and Tell It)	
Name of Activity:	Story debrief
Supplies needed:	A copy of page 2 of this Book Nook, markers and blank paper
Ideas of what to say or do.	<p>After reading the book, debrief it in small groups of 2-4 children. Talk with them about what the girls in the book were doing. Discuss how they were playing cooperatively and having fun together as friends. Talk about how they were also acting out different roles people in the world have. Make sure that if any children say comments like, “Women cannot be fire people, it has to be a man”, that you explore that notion with them. Make sure to discuss how all people can perform all jobs and engage in all tasks and that gender does not play a role in that.</p> <p>Show them the pictures of the women from page 2. Ask them what they think the women are doing. Discuss what they are doing and what the impact of their work can have on others. Make sure to point out how these women are helping to make their communities safe, just, healthy, beautiful, inspired, healthy, etc.</p> <p>Ask the children what they do to help others feel safe, healthy, beautiful, inspired, etc. in their care space. Write their answers down, make a classroom poster display with pictures and hang it in the classroom. Refer to it and discuss how the children impact their space through their actions.</p>
What Pyramid skill or concept is covered?	Friendship skills, supporting development of autonomy, creating an atmosphere of support

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Judge



Doctor



Dress Like a Girl

**Fire
Fighter**



Scientist



Artist



Writer



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Small Group: (Practice Makes Perfect)

Name of Activity:	Dress Up, Speak Out
Preparation/Materials:	<p>Gather a WIDE variety of dress-up clothing and accessories, representative of many roles and also open-ended pieces</p> <p>Camera, paper</p>
Ideas of what to say or do.	<p>Individually or in small groups, invite children to explore the dress- up clothing and accessories. Encourage them to create an outfit that shows who they are or a role they would like to play.</p> <p>When dressed, take a picture of the child in his/her outfit. Ask him/her to describe the outfit, why they chose it, how it makes them feel to wear it.</p> <p>Keep the dress-up options available throughout the day. Continue to encourage creativity and self expression. Over time, document their outfits and feelings about what they chose. Occasionally, with the children, go back to look at their different outfits and discuss their creativity and self-expression.</p>

