



Fry Bread: A Native American Family Story

A Native American family explores shape, sound, color, flavor, time, art, history, place, and nation through making a recipe for fry bread.

Title: Fry Bread: A Native

American Family Story

Author: Kevin Noble Maillard

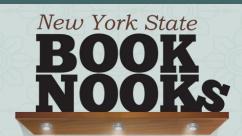
Illustrator: Juana Martinez-Neal

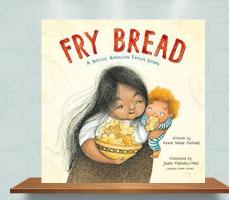
Publisher: Roaring Brook Press

Date published: 2019

Pyramid Model Skill or concept(s)	Equity and diversity, family engagement, identifying feelings, relationship building
Goal/Objective:	Children will identify feelings. Children will recognize and describe diversity among peers and within families and associate it with positive feelings.
Emotional Vocabulary:	Together, family, happy, love, kindness, unique, important, worried, scared, confused, joyful, special, silly

	Special, Silly	
StoryTime: (Show and Tell It)		
Name of Activity:	Celebrating Differences	
Supplies needed:	Book, pictures of families, chart	
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Ideas of what to say or do.	Before reading this book:	
	Display pictures of children's	
	families to demonstrate how all	
	families are not the same, but they	
	are important.	
	Invite families to attend the reading	
	and share their own unique	
	qualities.	
	First Reading:	
	Pointing to the book cover, ask	
	children to describe the people	
	they see. Who are they? How are	
	they the same/different from each	
	other? What are they doing?	
	During reading, ask children to	
	continue to notice what is the	
	same and what is different among	
	the family members in the story (skin, eyes, hair, size, age, gender,	
	etc.). Use language that promotes	
	positive feelings about each	
	characteristic.	
	Point out the facial expressions of	
	the people and ask how they may	
	feel (happy, loved, content,	
	worried, scared, confused, etc.).	
	Record children's answers on	
	chart paper. Ask children to mimic	
	each emotion. Describe what	
	mouths, eyes, etc. look like when	
	expressing this feeling.	





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Ideas of what to say or do. (continued)

Second Reading:

Ask children to notice their own skin, eyes, hair, size, age, gender, etc. How are they the same and different from their peers? Remind them that they are all unique, important, and loved. Use positive language to reinforce this.

Point out that we should always treat each other with kindness even though we are very different.

Third Reading:

Ask children to describe what is different/same among their own family members.

Ask children/families to describe special foods that their families make. Ask them to describe any feelings associated with them and record on chart paper.

Family Engagement:

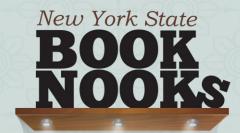
Invite family members to share the recipes. Display photos of the food or recipe in the classroom.

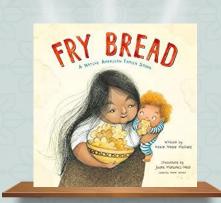
Invite children/families to share other special activities they enjoy with their families (celebrations, ceremonies, story-telling, crafts, etc.) Display photos in classroom representing these special activities.

Display a map to identify the places named in the book. Mark places where the classrooms' children and families come from.

What Pyramid Model skill or concept is covered?

Equity and diversity, family engagement, identifying feelings, relationship building





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At-home activities for families		
Name of Activity:	Family Cookbook	
Supplies needed:	Copies of recipes, heavy paper, hole punch, yarn, glue stick, scissors	
Ideas of what to say or do.	Collect typed or hand-written copies of special and favorite recipes from family members. Include your child's favorite recipes. Assist your child in cutting and pasting recipes onto thick paper. Leave an extra page after each recipe to include photos, notes, etc. Create a cover for the cookbook using photos or your child's drawings. Cut holes in each page and assemble all pages with yarn. Using the family cookbook, assist your child in choosing a recipe to create. Let your child help with the measuring, pouring and mixing. As you create the recipe, point out textures, colors, smells, measurements, etc. Praise your child as you work and create a warm and relaxed experience. Document the cookbook with photos, drawings, and notes during and after making the recipe. Be sure to get your child's description and evaluation of the recipe. Continue making the recipes and documenting the process with your child. More recipes can be added by cutting the yarn, inserting new pages and reassembling the cookbook. Explore additional recipes in magazines and cookbooks with your child and allow them to choose recipes they would like to try. Include these new recipes in the cookbook. Keep the cookbook in a special and accessible place. Allow your child to share their cooking experiences with other family members.	
What Pyramid Model skill or concept is covered?	Promoting communication skills, relationship- building, developing positive self-concept	





